bfc deals



99¢ ea Reg. 1.59 ea

Oysters

SEAFOOD | *Seasonal*

Grown in the **USA!**



2.99 ea Reg. 3.99 ea

Fresh Bagged Cranberries *12 oz*

USA

FREE
Reusable
Bottle Bags

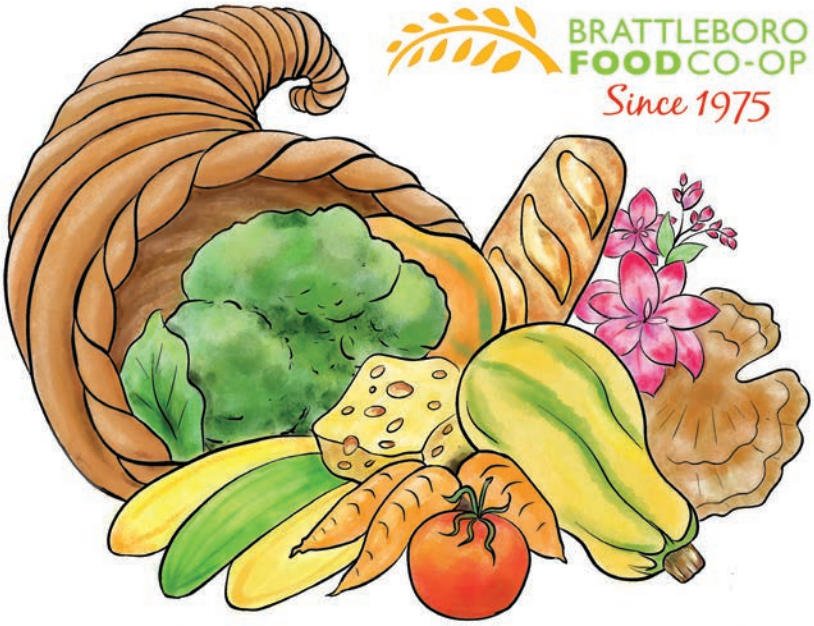
No purchase necessary.

Choose a single or multi-bottle bag from our "**Bag Tree**" near the exit.



Thank you for your patronage.

PURPOSE. GRATITUDE. COOPERATION.



Our Co-op is a community that keeps growing, changing, and caring for one another.

We're so grateful for you: shoppers, shareholders, staff, and neighbors. You help us stay rooted in our values and true to who we are.

Thanks for being part of this place, and for helping it feel like home.

THE CO-OP WILL BE CLOSED NOVEMBER 26th

bfc deals
Discover great savings, seasonal finds, classes, events, and more at the Co-op.

Sale prices valid **Nov 18 - Dec 1** while supplies last.

BRATTLEBORO FOOD CO-OP
2 Main Street •Brattleboro, VT
Monday-Saturday 8-8; Sunday 9-8
BFC.coop 802-257-0236



LOCAL VERMONT

11.99 lb
Reg. 14.99 lb

Maple Pecan Granola *PLU#1281*

BACK ROADS
Brattleboro, VT



LOCAL VERMONT

11.99 lb
Reg. 14.99 lb

First Date Granola *PLU#1421*

TRUE NORTH
Brattleboro, VT



LOCAL VERMONT

11.99 ea
Reg. 14.99 ea

GF Pie Shells 2-pk 22 oz

HILLSIDE LANE FARM | *Randolph, VT*



LOCAL VERMONT

3.99 lb
Reg. 4.99 lb

Honeycrisp Apples

PLU#4217

SCOTT FARM | *Dummerston, VT/USA*



LOCAL VERMONT

16.99 lb
Reg. 25.49 lb

Madison Blue Cheese

Prepacked/Random Weights

BOUCHER FAMILY FARM | *Highgate Center, VT*

MIFROMA



19.99 lb
Reg. 22.99 lb

Swiss Gruyere *Prepacked/Random Weights*

MIFROMA | *Switzerland*

bfc deals Discover great savings, seasonal finds, classes, events, and more at the Co-op.



Fresh Case or Prepacked/Random Weights

14.99 lb
Reg. 16.99 lb

Faroe Island Salmon

SEAFOOD | *North Atlantic Ocean*



4.99 lb
Reg. 6.99 lb

Turkey Thighs *Prepacked/Random Weights*

MISTY KNOLL FARM | *New Haven, VT*



2.99 lb
Reg. 3.99 lb

Turkey Drumsticks

Prepacked/Random Weights

MISTY KNOLL FARM | *New Haven, VT*

CHICKEN

- Breakfast
- Chorizo
- Parmisan
- Rosemary Porcini
- Ginger Scallion
- Bacon Ranch

PORK

- Breakfast
- Chorizo
- Sweet Italian
- Hot Italian
- Maple
- Cranberry, Juniper, and Rosemary



LOCAL VERMONT

$1.00 off per pound
Reg. 7.99 - 10.99 lb
Prepacked/Random Weights

All House-Made Pork and Chicken Sausages

BFC MADE | *Brattleboro, VT*



7.99 lb
Reg. 9.99 lb

Boneless Turkey Breast

Prepacked/Random Weights

STONEWOOD FARM | *Orwell, VT*

Sale prices valid **Nov 18 - Dec 1**. while supplies last. No Rain Checks.

bfc deals




Barts
Vanilla
Barts
Barts
Barts



Mixed Berries.
Strawberries.

4.99 ea
Reg. 6.49 ea

Organic Frozen Fruit *10 oz*

WOODSTOCK | *Global*



2.99 ea
Reg. 3.99 ea

Garlic Butter *3 oz*

BETTER BUTTER | *Idaho/USA*



Blanco.
Medium.

4.99 ea
Reg. 6.49 ea

Oatmilk Queso *11 oz*

CREDO | *Texas/USA*



9.99 ea
Reg. 11.99 ea

12 - 13.6 oz

Bean Burgers, Falafels, Fritters

VT BEAN CRAFTERS | *Warren, VT*



Paneer Tikka.
Tandoori Aloo.

2 for $5
Reg. 3.79 ea

Indian Street Wraps *5.29 oz*

TRULY INDIAN | *India*

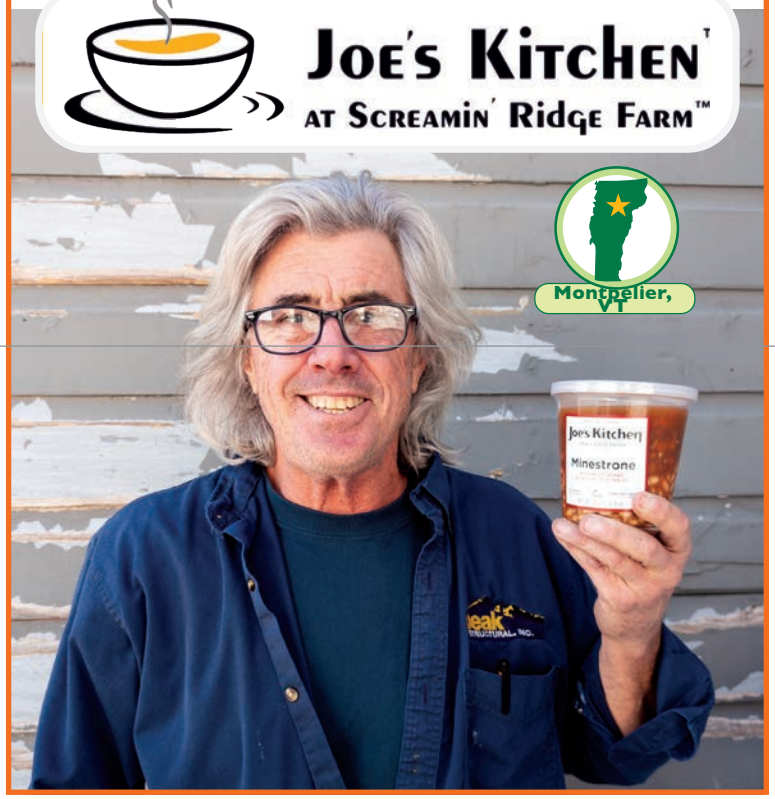
Sale prices valid **Nov 18 - Dec 1**. while supplies last. No Rain Checks.

bfc deals

Producer of the Month

NOVEMBER 2026

Joe's Kitchen™ at Screamin' Ridge Farm™



We don't know if Joe Buley is a cat person, but we do know he has lived many lives. Joe's current role as Vermont's Favorite Soup-Maker, a moniker bestowed by us based on the general enthusiasm we've experienced surrounding this soup, is one of many food-related vocations he's held. Food and community are also what brought him back to his home state of Vermont in 1999 after years of travelling the country and the world.

Elementary-school-aged Joe did not necessarily dream of ladled soup while he was growing up, but he did spend a great deal of quality time cooking with his mother and grandmother as a way of making up for his inability to be outside during allergy season, which was most every season for Joe, who had severe asthma at a time when there wasn't much effective medication for such a thing. But who needs to play outside when you can obsess over the infamously difficult French soufflé?

Read the entire story at **BFC.coop/News** or scan the QR Code!



3.49 ea
Reg. 4.79 ea

Genovese Pesto 7.9 oz
CUCINA & AMORE | Peru



Classic.
Simple.
Unsweetened
Coconut Milk 13.5 oz
NATIVE FOREST
Thailand/Sri Lanka

2 for $5
Reg. 3.99 ea



5.99 ea
Reg. 7.29 ea

Smoked Trout In Olive Oil 3.2 oz
COLE'S | Chili



Seasoned Salt 4.4 oz
4.99 ea
Reg. 5.99 ea

Herbed Sea Salt 8.8 oz
A. VOGEL
France
7.99 ea
Reg. 8.99 ea



8.99 ea
Reg. 10.49 ea

Creamy Almond Butter 16 oz
OCTONUTS
California/USA



15.99 lb Reg. 18.99 lb

Guatemalan Coffee *PLU#1808*

ESSELON COFFEE ROASTERS
Hadley, MA



16.99 lb Reg. 19.99 lb

Bruja Espresso Coffee *PLU#1888*

DUCHESS COFFEE | *Brattleboro, VT*



16.99 lb Reg. 19.99 lb

Migration Celebration Coffee

DEAN'S BEANS
Orange, MA
PLU#1869

AHLBIN'S
Tried & True



3.99 ea Reg. 4.99 ea

Fire Cider Wellness Swig *2 oz*



11.99 ea Reg. 15.99 ea

Fire Cider *8 oz*

19.99 ea Reg. 25.99 ea

Fire Cider *16 oz*



LOCAL 60 MILES

AHLBIN'S HOMEMADE | *Greenfield, MA*



19.99 lb Reg. 22.99 lb

French Roast Decaf Coffee

MOCHA JOE'S | *Brattleboro, VT* *PLU#1804*



23.99 lb Reg. 28.99 lb

Moka Java Coffee *PLU#1857*

FOGBUSTER | *Greenfield, MA*



19.99 lb Reg. 25.99 lb

Firefly Sparkle Lotion *6.8 oz*

WILD CARROT HERBAL | *Oregon/USA*



19.99 lb Reg. 25.99 lb

Rose Body Butter *4 oz*

WILD CARROT HERBAL | *Oregon/USA*

We have Thanksgiving Pies!



Quality whole pies are waiting for you at the Co-op to suit every holiday table, including gluten free options.

- Apple Achatz ... $14.99
- Apple Beckmann ... $25.99
- Pumpkin Achatz ... $16.99
- Pumpkin Beckmann ... $25.99
- Pecan Achatz ... $17.99
- Apple Raised GF ... $21.99
- Pumpkin Raised GF ... $21.99



Thanksgiving Sides



Visit our Deli around Thanksgiving for a wonderful array of delicious, classic Thanksgiving side dishes.

Your tastebuds will be grateful for our Co-op cooking!



Arriving by Monday, November 23.

Stonewood Farm



LOCAL VERMONT

4.49 lb

Fresh Young Whole Turkeys

STONEWOOD FARM | *Orwell, VT*



These will also be available, thawed, closer to Thanksgiving.

2.99 lb

Young Whole Turkeys

FERNDALE MARKET | *Minnesota/USA*



USDA ORGANIC

5.99 lb

Fresh Whole Turkeys

MARY'S TURKEY | *California/USA*

Sale prices valid **Nov 18 - Dec 1**. while supplies last. No Rain Checks.

bfc deals

Holiday TREE Sale!

and Food Drive

Saturday, December 5th



The Co-op will donate $15 to Groundworks Collaborative for every holiday tree sold on December 5th.

Project Feed the thousands

foodworks a program of groundworks COLLABORATIVE

Trees from BISHOP FARM
SPRINGFIELD, VT

LOCAL VERMONT

While Supplies Last

We are collecting shelf-stable food donations for Project Feed the Thousands.

bfc deals Discover great savings, seasonal finds, classes, events, and more at the Co-op.



Traditional Italian.
Basil & Garlic.

2.59 ea
Reg. 3.59 ea

Traditional Polenta *18 oz*

ANCIENT HARVEST
Italy & USA







Rotini.
Penne.
Spaghetti.

3.29 ea
Reg. 4.29 ea

Quinoa Pasta *8 - 9.6 oz*

ANCIENT HARVEST | *Italy & USA*



6.49 ea
Reg. 7.99 ea

Tri-Color Quinoa *14.4 oz*

ANCIENT HARVEST
Italy & USA



8.49 ea
Reg. 10.99 ea

Quinoa Flakes *12 oz*

ANCIENT HARVEST
Italy & USA



LOCAL VERMONT

2 for $10
Reg. 6.99 ea

All Butters, Spreads, Preserves, Jams, and Marmelades *8.5 - 9 oz*

SIDEHILL FARM | *Brattleboro, VT*

Sale prices valid **Nov 18 - Dec 1**. while supplies last. No Rain Checks.

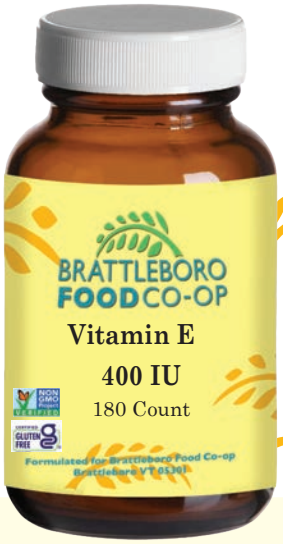
bfc deals

Save









AMINO ACIDS & SPORTS NUTRITION

Acetyl L-Carnitine *30 ct*	Reg. 14.99 ea	**Now 11.99 ea**
Bengal Bites *60 ct*	Reg. 12.99 ea	**Now 9.99 ea**
L-Carnitine *30 ct*	Reg. 15.99 ea	**Now 11.99 ea**
Creatine Monohydrate *16 oz*	Reg. 24.99 ea	**Now 19.99 ea**
L-Glutamine *50 ct*	Reg. 7.99 ea	**Now 5.99 ea**
L-Lysine 500 mg *50 ct*	Reg. 7.99 ea	**Now 5.99 ea**
L-Lysine 500 mg *100 ct*	Reg. 12.99 ea	**Now 9.99 ea**
L-Lysine1000 mg *120 ct*	Reg. 17.99 ea	**Now 13.99 ea**
L-Theanine 200 mg *60 ct*	Reg. 22.99 ea	**Now 17.99 ea**
Organic Plant Protein Chocolate *14.5 oz*	Reg. 28.99 ea	**Now 22.99 ea**
Organic Plant Protein Vanilla *13.4 oz*	Reg. 28.99 ea	**Now 22.99 ea**
Organic Spirulina mg *100 ct*	Reg. 10.99 ea	**Now 8.49 ea**

DIGESTIVE HEALTH

Acidophilus *100ct*	Reg. 10.99 ea	**Now 7.99 ea**
Acidophilus Bifidus *100 ct*	Reg. 19.99 ea	**Now 15.99 ea**
Apple Cider Vinegar *60ct*	Reg. 12.99 ea	**Now 9.99 ea**
Berberine Chromium *60 ct*	Reg. 21.99 ea	**Now 16.99 ea**
DGL *90 ct*	Reg. 12.99 ea	**Now 9.99 ea**
Enzyme Caps *100 ct*	Reg. 21.99 ea	**Now 16.99 ea**
Green Tea Extract *90 ct*	Reg. 11.99 ea	**Now 9.49 ea**
Liver Detox *60 ct*	Reg. 15.99 ea	**Now 12.99 ea**
Milk Thistle 175 mg *50 ct*	Reg. 10.99 ea	**Now 8.99 ea**
Milk Thistle 350 mg *60 ct*	Reg. 24.99 ea	**Now 19.99 ea**
Plant Fiber Complex *10.5 oz*	Reg. 17.99 ea	**Now 13.99 ea**
Probiotic Quattro *50 ct*	Reg. 15.99 ea	**Now 11.99 ea**
Organic Whole Psyllium *12 oz*	Reg. 17.99 ea	**Now 13.99 ea**

EYE HEALTH

Beta Carotene 25000IU *100 ct*	Reg. 21.99 ea	**Now 16.99 ea**
Lutein 20 mg *60 ct*	Reg. 13.99 ea	**Now 10.99 ea**
Ultimate Eye Formula *30 ct*	Reg. 17.99 ea	**Now 13.99 ea**
Ultimate Eye Formula *60 ct*	Reg. 33.99 ea	**Now 26.99 ea**

VITAMINS A & K

Activated K-2 *60 ct*	Reg. 13.99 ea	**Now 10.99 ea**
Vitamin A 10,000 IU *100 ct*	Reg. 7.99 ea	**Now 5.99 ea**
Vitamin A&D *100 ct*	Reg. 7.99 ea	**Now 5.99 ea**

HEART & CIRCULATORY HEALTH

CoQ10 100 mg *30 ct*	Reg. 16.99 ea	**Now 12.99 ea**
CoQ10 100 mg *60 ct*	Reg. 26.99 ea	**Now 19.99 ea**
CoQ10 30 mg *60 ct*	Reg. 11.99 ea	**Now 9.99 ea**
CoQ10 60 mg *30 ct*	Reg. 10.99 ea	**Now 8.49 ea**
Garlic 100:1 *250 ct*	Reg. 13.99 ea	**Now 10.99 ea**
Garlic 500 mg *100 ct*	Reg. 7.99 ea	**Now 5.99 ea**
Ginkgo Biloba 60 mg *60 ct*	Reg. 10.99 ea	**Now 7.99 ea**
Grape Seed Extract 50 mg *60 ct*	Reg. 12.99 ea	**Now 9.99 ea**
Healthy Blood Pressure *60 ct*	Reg. 11.99 ea	**Now 8.99 ea**
High Allicin Garlic 500 mg *60 ct*	Reg. 11.99 ea	**Now 9.49 ea**
Lecithin 1200 mg *100 ct*	Reg. 11.99 ea	**Now 8.99 ea**
Red Yeast Rice *60 ct*	Reg. 13.99 ea	**Now 10.99 ea**
Veg COQ10 100 mg *30 ct*	Reg. 13.99 ea	**Now 10.99 ea**

IMMUNE & ANTIOXIDENT SUPPORT

Echinacea 400 mg *100 ct*	Reg. 14.99 ea	**Now 11.99 ea**
Glutathione 500 mg *30 ct*	Reg. 17.99 ea	**Now 13.99 ea**
Organic Cranberry *30 ct*	Reg. 13.99 ea	**Now 10.99 ea**
Zinc Lemon Lozenges *60 ct*	Reg. 8.99 ea	**Now 6.99 ea**
Zinc Picolinate 30 mg *100 ct*	Reg. 11.99 ea	**Now 8.99 ea**

JOINT, BONE, AND BEAUTY

Bromelain 500 mg *90 ct*	Reg. 21.99 ea	**Now 16.99 ea**
Evening Primrose *90 ct*	Reg. 14.99 ea	**Now 11.99 ea**
Evening Primrose *180 ct*	Reg. 22.99 ea	**Now 17.99 ea**
Evening Primrose 1300 mg *90 ct*	Reg. 24.99 ea	**Now 19.99 ea**
Glucosamine 500 mg *120 ct*	Reg. 19.99 ea	**Now 15.99 ea**
Glucosamine Chondroitin *90 ct*	Reg. 25.99 ea	**Now 19.99 ea**
Glucosamine Chondroitin *180 ct*	Reg. 46.99 ea	**Now 36.99 ea**
Gluco/Chondroitin MSM *120 ct*	Reg. 27.99 ea	**Now 21.99 ea**
Hyaluronic Acid 100 mg *50 ct*	Reg. 19.99 ea	**Now 15.99 ea**
MSM *120 ct*	Reg. 18.99 ea	**Now 13.99 ea**
Pure Collagen Peptides *14.1 oz*	Reg. 26.99 ea	**Now 19.99 ea**
Veg Glucosamine 750 mg *60 ct*	Reg. 16.99 ea	**Now 12.99 ea**

MINERALS

- Alpha-Lipoic Acid *30 ct*
- Alpha-Lipoic Acid *60 ct*
- Alpha-Lipoic Acid 300 mg *60 ct*
- Cal-Mag Citrate *100 ct*
- Cal-Mag Citrate *250 ct*
- Cal-Mag-Zinc *100 ct*
- Chelated Calcium Mag. *250 ct*
- Chelated Magnesium *90 ct*
- Chromium Picolinate 200 mcg *100 ct*
- Daily Essential Minerals *60 ct*
- Iron Ccomplex 29 mg *30 ct*
- Kelp *250 ct*
- Magnesium L-Threonate *90 ct*
- Mega Magnesium *90 ct*
- Methyl B-12 1000 mcg *100 ct*
- Methyl B-12 5000 mcg *60 ct*
- Potassium 99 mg *100 ct*
- Selenium 100 mcg *100 ct*

VITAMIN E VITAMIN D

- Calcium Citrate + Vit D *60 ct*
- Calcium Citrate + Vit D *120 ct*
- D-3 400 IU *100 ct*
- D-3 400 IU *250 ct*
- D3 1000 IU *100 ct*
- D3 5000 IU *60 ct*
- D3 5000 IU *120 ct*
- Vit E 400 IU w/Selenium *60 ct*
- Vitamin E 1000 IU *30 ct*
- Vitamin E 200 IU *90 ct*
- Vitamin E 400 IU *30 ct*
- Vitamin E 400 IU *180 ct*

Save BIG during our BFC Supplement Sale.

bfc deals Discover great savings, seasonal finds, classes, events, and more at the Co-op.

up to 30%

on select BFC Supplements!



Reg. 7.99 ea	Now	5.99 ea
Reg. 15.99 ea	Now	11.99 ea
Reg. 25.99 ea	Now	19.99 ea
Reg. 14.99 ea	Now	11.99 ea
Reg. 24.99 ea	Now	19.99 ea
Reg. 11.99 ea	Now	9.49 ea
Reg. 23.99 ea	Now	18.99 ea
Reg. 11.99 ea	Now	8.99 ea
Reg. 9.99 ea	Now	7.99 ea
Reg. 12.99 ea	Now	9.99 ea
Reg. 6.99 ea	Now	5.49 ea
Reg. 12.99 ea	Now	9.99 ea
Reg. 32.99 ea	Now	25.99 ea
Reg. 14.99 ea	Now	11.99 ea
Reg. 14.99 ea	Now	11.99 ea
Reg. 19.99 ea	Now	15.99 ea
Reg. 8.99 ea	Now	6.99 ea
Reg. 9.99 ea	Now	7.99 ea
Reg. 8.99 ea	Now	6.99 ea
Reg. 14.99 ea	Now	11.99 ea
Reg. 5.99 ea	Now	4.99 ea
Reg. 11.99 ea	Now	8.99 ea
Reg. 7.99 ea	Now	5.99 ea
Reg. 10.99 ea	Now	8.49 ea
Reg. 19.99 ea	Now	15.99 ea
Reg. 14.99 ea	Now	11.99 ea
Reg. 15.99 ea	Now	11.99 ea
Reg. 11.99 ea	Now	9.49 ea
Reg. 7.99 ea	Now	5.99 ea
Reg. 31.99 ea	Now	24.99 ea

MULTIVITAMINS

Basic-Multi *30 ct*	Reg. 9.99 ea	Now 7.99 ea
Basic-Multi *90 ct*	Reg. 17.99 ea	Now 12.99 ea
Basic-Multi *180 ct*	Reg. 25.99 ea	Now 19.99 ea
Complete Food Multi *60 ct*	Reg. 18.99 ea	Now 14.99 ea
Hair Skin & Nails Multi *60 ct*	Reg. 18.99 ea	Now 14.99 ea
Healthy Aging Multi *60 ct*	Reg. 13.99 ea	Now 10.99 ea
Healthy Aging Multi *120 ct*	Reg. 23.99 ea	Now 18.99 ea
Iron Free Basic Multi *90 ct*	Reg. 20.99 ea	Now 15.99 ea
Prenatal Once Daily Multi *60 ct*	Reg. 14.99 ea	Now 11.99 ea

VITAMINS & FOLATE

B-Complex *60 ct*	Reg. 11.99 ea	Now 9.49 ea
B-Complex *60 ct*	Reg. 12.99 ea	Now 10.99 ea
B12 1000 mcg Lozenge *100 ct*	Reg. 12.99 ea	Now 9.99 ea
B6 100 mg *100 ct*	Reg. 8.99 ea	Now 6.99 ea
Balanced B-100 *90 ct*	Reg. 23.99 ea	Now 18.99 ea
Balanced B-50 *90 ct*	Reg. 13.99 ea	Now 10.99 ea
Biotin 5 mg *60 ct*	Reg. 10.99 ea	Now 8.99 ea
Biotin 10 mg *60 ct*	Reg. 14.99 ea	Now 11.99 ea
Biotin 500 mcg *30 ct*	Reg. 5.99 ea	Now 4.49 ea
Folic Acid 800 mcg *250 ct*	Reg. 11.99 ea	Now 8.99 ea
Methyl Folate *90 ct*	Reg. 13.99 ea	Now 10.99 ea
Niacin *100 ct*	Reg. 10.99 ea	Now 8.49 ea
Vitamin B Supreme Stress *100 ct*	Reg. 35.99 ea	Now 27.99 ea

ESSENTIAL FATTY ACIDS

Cod Liver Oil *250 ct*	Reg. 16.99 ea	Now 12.99 ea
Concentrated Omega-3 *60 ct*	Reg. 16.99 ea	Now 12.99 ea
Concentrated Omega-3 *120 ct*	Reg. 30.99 ea	Now 23.99 ea
Omega-3 One/Day *90 ct*	Reg. 29.99 ea	Now 23.99 ea
Organic Flaxseed Oil *180 ct*	Reg. 23.99 ea	Now 18.99 ea

VITAMIN C

Ascorbyl Palmitate 500 mg *90 ct*	Reg. 16.99 ea	Now 12.99 ea
Chewable C *50 ct*	Reg. 9.99 ea	Now 7.99 ea
Bio C Caps Vitamin C 250 mg *250 ct*	Reg. 35.99 ea	Now 27.99 ea
Bio C Caps Vitamin C 500 mg *100 ct*	Reg. 16.99 ea	Now 12.99 ea
Buffered C 1000 mg *100 ct*	Reg. 20.99 ea	Now 15.99 ea
Chewable C *100 ct*	Reg. 19.99 ea	Now 15.99 ea
Chewable Calcium *60 ct*	Reg. 10.99 ea	Now 8.99 ea
Vit C 1000 mg w/RHips *100 ct*	Reg. 15.99 ea	Now 11.99 ea
Vit C 1000 mg w/RHips *250 ct*	Reg. 28.99 ea	Now 22.99 ea
Vit C 500 mg w/RHips *250 ct*	Reg. 19.99 ea	Now 15.99 ea
Vit C Caps 1000 mg *100 ct*	Reg. 16.99 ea	Now 12.99 ea
Vit C Crystal Powder *4 oz*	Reg. 13.99 ea	Now 10.99 ea

SLEEP & STRESS RELIEF

5-HTP 100 mg *60 ct*	Reg. 19.99 ea	Now 15.99 ea
Mag Relax Powder *16 oz*	Reg. 29.99 ea	Now 23.99 ea
Melatonin 1 mg Lozenge *60 ct*	Reg. 5.99 ea	Now 4.99 ea
Melatonin 3 mg *60 ct*	Reg. 6.99 ea	Now 5.49 ea
Melatonin 3 mg *120 ct*	Reg. 11.99 ea	Now 8.99 ea
Melatonin 10 mg *60 ct*	Reg. 11.99 ea	Now 9.49 ea
Melatonin 10 mg *120 ct*	Reg. 21.99 ea	Now 16.99 ea
Melatonin Plus *100 ct*	Reg. 11.99 ea	Now 8.99 ea
Melatonin Plus 5 mg *50 ct*	Reg. 6.99 ea	Now 5.49 ea
Sleep Support w/Melatonin *50 ct*	Reg. 11.99 ea	Now 9.49 ea

MEN'S & WOMEN'S HEALTH

Prostate Support *60 ct*	Reg. 32.99 ea	Now 25.99 ea
Men's Food Multi 45+ *90 ct*	Reg. 24.99 ea	Now 19.99 ea
Men's Once Daily Multi *90 ct*	Reg. 33.99 ea	Now 26.99 ea
Women's 45+ Multi *90 ct*	Reg. 24.99 ea	Now 19.99 ea
Women's Once Daily Multi *90 ct*	Reg. 34.99 ea	Now 27.99 ea
Women's Support Probiotic *60 ct*	Reg. 27.99 ea	Now 21.99 ea

BRATTLEBORO **FOOD** CO-OP

Sale prices valid **Nov 18 - Dec 1**. while supplies last. No Rain Checks.

bfc deals



Lemon.
Peach.
Green.

1.99 ea
Reg. 2.49 ea

Prebiotic Iced Tea *12 oz*

HALFDAY | *Pennsylvania/USA*



Ginger Meyer Lemon.
Lavender Cucumber.
Basil Berry.

1.79 ea
Reg. 2.29 ea

Herbal Sparkling Waters *12 oz*

AURA BORA | *California/USA*



Masala Chai.
London Fog.
Turmeric Ginger Chai.

5.99 ea
Reg. 7.99 ea

Chai Concentrates *32 oz*

RISHI TEA | *Wisconsin/USA*

NON GMO Project VERIFIED



LOCAL VERMONT

2 for $4
Reg. 3.29 ea

Lightly Sparkling Waters *11.5 oz*

SHRUBBLY | *Hinesburg, VT*

NON GMO Project VERIFIED



8.99 ea
Reg. 11.49 ea

Sencha Green Tea *1.37 oz*

RISHI TEA | *Wisconsin/USA*

NON GMO Project VERIFIED



14.99 ea
Reg. 17.99 ea

Drinking Cacaos *8 oz*

EMBUE | *Brattleboro, VT*

Semuliki Forest.
Zorzal.

NON GMO Project VERIFIED



8.49 ea
Reg. 9.99 ea

Bousquet Chardonnay *750 ml*
DOMAINE BOUSQUET | *Argentina*



8.49 ea
Reg. 9.99 ea

Mont Gravet Rosé *750 ml*
MONT GRAVET | *France*



10.49 ea
Reg. 12.49 ea

Bellafina Prosecco *750 ml*
BELLAFINA | *Italy*



Red Blend.
White Blend.
Environmentally Friendly

11.99 ea
Reg. 12.99 ea

Les Fleurs Wine Blends *750 ml*
LES FLEURS | *France*



15.99 ea
Reg. 17.99 ea

Orange Wine *750 ml*
Garnacha 2023 *750 ml*
GULP HABLO | *Spain*



LOCAL VERMONT

17.99 ea
Reg. 19.99 ea

Long Trail Ale 12-pk *12 oz/144 oz*
LONG TRAIL | *Bridgewater Corners, VT*



16.49 ea
Reg. 17.99 ea

Côtes du Rhône *750ml*
PAUL AUTARD | *France*



22.99 ea
Reg. 27.99 ea

Hazel Pinot Noir *750 ml*
HAZEL WINE COMPANY | *Oregon/USA*



LOCAL VERMONT

17.99 ea
Reg. 19.99 ea

IPA Mix Pack 12-pk *12 oz/144 oz*
LONG TRAIL | *Bridgewater Corners, VT*

Classes & Events

You don't need to be a shareholder to enjoy our classes and events.



Free Sampling

MUSHROOM POWDERS

Thurs/Nov 19
Noon - 1:45 pm

Did you know that not all mushroom powders are created equal? Stop by Wellness to meet Anne from WholeSun Wellness, and learn more about what makes mushroom powders supportive of your family's health at this challenging time of year.



Free Sampling

BACK ROADS GRANOLA

Fri/Nov 20
11:30 am - 2:30 pm

Back Roads Granola uses organic, real-food ingredients you'd find in your kitchen. Stop by to meet Tara and try some for yourself.

Free Adult Cooking Class

HOW TO MAKE MAPLE SUGAR & MAPLE CREAM PIE

Sat/Nov 21 • 10:30 am - 12:30 pm



LET US DO THE COOKING.

You Enjoy the Day!

You have until 5:00 pm,

Friday, November 20th

to order your Turkey or Vegan Feasts for pick up on Wednesday, November 25th!

ONLINE ORDERS ONLY.

Follow QR code or **BFC.coop/Feasts**

BFC MADE



The Co-op will be CLOSED on Thursday, November 26th.



Wishing you and your family a safe and wonderful holiday!

Free Sampling

KRIN'S BAKERY

Fri/Dec 3 • 11:30 am - 2:30 pm

How'd you like to sample a new line of freshly baked local cookies in our store? Krin's Bakery in Huntington, Vermont has been growing by leaps and bounds and we, certainly, are excited to try every one!

Stop by to meet a Krin's employee and enjoy a taste.

You must **REGISTER** for all classes!

Scan QR code or visit

BFC.coop/Events

Sale prices valid **November 18 - December 1**
While supplies last. No Rain Checks. Prices subject to change.

bfc deals