



# bfc deals



**6<sup>99</sup> lb**

Reg. 8.99 lb

PLU#94806



Tomatoes

OLD ATHENS FARM  
Westminster, VT



Salted.  
Unsalted.

**2 for \$7**

Reg. 5.99 ea

Sweet Cream Block Butter 16 oz

CABOT  
Massachusetts / USA



**They're Here!**

**Local Strawberries**



DUTTON FARM  
Brattleboro, VT / USA  
DEEP MEADOW FARM  
Ascutney, VT / USA  
HARLOW FARM  
Westminster, VT / USA

## HAPPY PRIDE MONTH!

Help us support our LGBTQ+ community.

### Out in the Open

One third of our Round Up for Change donations in June will be going to Out in the Open, “a multiracial, majority working class, grassroots, movement and capacity building organization based in Wabanaki territory throughout the states of Vermont and Maine.”



## bfc deals

Discover great savings, seasonal finds, classes, events, and more at the Co-op.

Sale prices valid  
**June 17 - 30**  
while supplies last.

**BRATTLEBORO FOOD CO-OP**

2 Main Street • Brattleboro, VT  
Monday-Saturday 8-8; Sunday 9-8

**BFC.coop 802-257-0236**



**23<sup>49</sup> lb**  
Reg. 26.49 lb

**Cabot Clothbound Cheddar**

JASPER HILL  
Greensboro, VT

COOP CHAMPIONS



**6<sup>66</sup> ea**  
Reg. 10.99 ea

**Vermont Country Brie 7 oz**

BOSTON POST DAIRY  
Enosburg Falls, VT

June Cave to Coop!



**2 for \$7**  
Reg. 4.99 ea

**Fresh Mozzarella 8 oz**

MAPLEBROOK FARM  
Bennington, VT



**1<sup>99</sup> ea**  
Reg. 2.99 ea

**Vermont Harvested Basil .75 oz**

GREEN MOUNTAIN HARVEST  
Waitsfield, VT



Tropical Punch.  
Apple.  
Apple Grape.  
Fruit Punch.  
Cherry Fusion.

**4<sup>99</sup> ea**  
Reg. 5.49 ea

**Lakewood Little's Juice Boxes**

LAKEWOOD  
FloridaUSA

8-Pk 54 oz NON GMO Project VERIFIED



**2 for \$8**  
Reg. 4.99 ea

**Tofu 16 oz**

VERMONT SOY  
Hardwick, VT



**bfc deals**

Discover great savings, seasonal finds, classes, events, and more at the Co-op.



Beets.  
Sauerkraut.  
Red Cabbage.

**7<sup>99</sup> ea**  
Reg. 9.99 ea

Select Ferments 15 oz

REAL PICKLES  
Greenfield, MA



We proudly support and stand with our LGBTQIA+ staff, friends and family, today and everyday.



**9<sup>49</sup> ea**  
Reg. 11.99 ea

Dill Pickles 26 oz

REAL PICKLES  
Greenfield, MA



**8<sup>99</sup> ea**  
Reg. 10.99 ea

Dilly Beans Small Batch 15 oz

REAL PICKLES  
Greenfield, MA



**7<sup>99</sup> ea**  
Reg. 9.99 ea

Red Pepper Hot Sauce 5 oz

REAL PICKLES  
Greenfield, MA



**4<sup>29</sup> ea**  
Reg. 5.49 ea

Beet Kvass Beverage 10 oz

REAL PICKLES  
Greenfield, MA



Select Ferments 15 oz

REAL PICKLES  
Greenfield, MA

Garlic Kraut.  
Turmeric Kraut.  
Chili Kraut.

Kimchi.  
Ginger Carrots.

**8<sup>99</sup> ea**  
Reg. 10.99 ea



Sale prices valid **June 17 - 30**, while supplies last. No Rain Checks.

**bfc deals**



**4.79 ea**  
Reg. 5.49 ea

Chopped Ginger or Garlic Puree

EMPEROR'S KITCHEN  
North Carolina/USA



**6.99 ea**  
Reg. 8.49 ea

Green Curry Paste 4.23 oz

MIKE'S  
Thailand



**5.99 ea**  
Reg. 7.99 ea

Fiddlehead IPA Bratwurst 14 oz

VERMONT SALUMI  
Barre, VT



Serving Suggestion



**9.99 lb**  
Reg. 10.99 lb

Ground Turkey

MISTY KNOLL  
New Haven, VT

Prepacked/Random Weights



**16.99 lb**  
Reg. 17.99 lb

Wild Caught Cod Fillets

SEAFOOD COUNTER

Prepacked/Random Weights



Serving Suggestion

**5.99 lb**  
Reg. 6.99 lb

Boneless Pork Chops

DUBRETON  
Canada

Prepacked/Random Weights

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Remember  
your reusable  
containers  
& bags.  
Let's do good together.



**9.79 lb**  
Reg. 11.79 lb

Go Nuts Granola PLU#1971

TRUE NORTH  
Brattleboro, VT



**BACK ROADS  
GRANOLA**  
- EST 2010 -



**11.99 lb**  
Reg. 14.99 lb

Ancient Grains Granola PLU#1217

BACK ROADS  
Brattleboro, VT



**BILINSKI'S**  
from the ground up



Apple Breakfast.  
Classic Sage Breakfast.  
Spinach & Feta.  
Mild Italian w/Bell Peppers.  
Wild Mushrooms w/Italian Herbs.

**5.99 ea**  
Reg. 7.99 ea

**Organic Chicken Sausages 12 oz**

**BILINSKI'S**  
New York/USA



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**bfc deals**



**19<sup>99</sup> ea**  
Reg. 24.99 ea

Flagship Cellars Cabernet 750 ml  
FLAGSHIP CELLARS  
California/USA



**22<sup>99</sup> ea**  
Reg. 27.99 ea

Hazel Pinot Noir 750 ML  
HAZEL WINES  
Oregon/USA



**14<sup>99</sup> ea**  
Reg. 16.99 ea

Misty Dry White Wine Spritz 4-Pk  
OYSTER RIVER WINEGROWERS  
Warren, ME 12 oz/48 oz



**17<sup>99</sup> ea**  
Reg. 19.99 ea

IPA Mixed 12-Pk  
LONG TRAIL  
Bridgewater Corners, VT

12 oz / 144 oz



All Flavors!

**2 for \$5**

Reg. 3.49 ea

Kombucha 12 oz  
PIGEON COVE FERMENTS  
Massachusetts / USA

**bfc deals**

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**LONG TRAIL**  
BREWING CO.



**17<sup>99</sup> ea**  
Reg. 19.99 ea

Long Trail Ale 12-Pk

LONG TRAIL  
Bridgewater Corners, VT

12 oz/144 oz



**LONG TRAIL**  
BREWING CO.



**17<sup>99</sup> ea**  
Reg. 19.99 ea

Blackberry Wheat Ale 12-Pk

LONG TRAIL  
Bridgewater Corners, VT

12 oz/144 oz



**KATALYST**  
KOMBUCHA



Katalyst Kombuchas 12 oz

**2<sup>69</sup> ea**  
Reg. 3.69 ea

KATALYST  
Greenfield, MA

Concord Grape. Bliss Berry. Pineapple.  
Ginger Devotion. Raspberry Lime. Mango.

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**bfc deals**



**7<sup>99</sup> ea**  
Reg. 9.69 ea

Organic Balsamic Glaze 8.5 oz

DE NIGRIS  
Italy



Aged.  
Dark Cherry.

**9<sup>99</sup> ea**  
Reg. 11.99 ea

Balsamic Vinegars 8.5 oz

DE NIGRIS  
Italy



**12<sup>99</sup> ea**  
Reg. 15.49 ea

Balsamic Vinegar Platinum 8.5 oz

DE NIGRIS  
Italy

# Producer OF THE Month

JUNE 2026

## LOCAL VERMONT Cheese



What do you get when you combine a state that adores its local dairy with hilly terrain, relatively short growing seasons, and incredibly tenacious, creative farmers? **You get a thriving local cheese scene.**

Why? Cheesemaking adds value to milk by extending its useful life and providing dietary variety to the consumer, which makes dairy production a more attractive prospect despite the comparative difficulties presented by Vermont conditions.

Our Producer of the Month article for June focuses on four Vermont cheesemakers.

Read the article at **BFC.coop** or follow the QR Code!



Beth, Cheese Dept. Manager



**bfc deals**

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**14<sup>99</sup> lb**  
Reg. 18.99 lb

Roasted & Salted Almonds PLU#1332

TIERRA FARM  
New York/USA



**16<sup>99</sup> lb**  
Reg. 19.99 lb

Guatemalan French Roast Coffee

DEAN'S BEANS  
Orange, MA



**16<sup>99</sup> lb**  
Reg. 19.99 lb

Honduras Honey Coffee

DUCHESS  
Brattleboro, VT

PLU#1887



**17<sup>99</sup> lb**  
Reg. 20.99 lb

Costa Rican French Roast

MOCHA JOES  
Brattleboro, VT



**19<sup>99</sup> lb**  
Reg. 23.99 lb

Espresso Coffee

FOGBUSTER  
Greenfield, MA



**15<sup>99</sup> lb**  
Reg. 18.99 lb

Ethiopia Coffee

ESSELON  
Hadley, MA

PLU#1849



Sale prices valid **June 17 - 30**, while supplies last. No Rain Checks.

**bfc deals**



**49 ea**  
Reg. 16.99 ea

Marine Collagen 160 ct

YOUTHEORY  
California/USA



**49 ea**  
Reg. 15.99 ea

Collagen 160 ct

YOUTHEORY  
California/USA



**19.99 ea**  
Reg. 26.99 ea

Milk Thistle 280 mg 60 ct

HERB PHARM  
Oregon/USA



Orange Mango.  
Pineapple Coconut.

**31.99 ea**  
Reg. 39.99 ea

Clear Whey Protein Isolate 18.3 oz

ASCENT NATIVE FUEL  
Colorado/USA



Vanilla.  
Chocolate.

**34.99 ea**  
Reg. 44.99 ea

Active Protein Powder 35.2 oz

SUNWARRIOR  
Utah/USA



**bfc deals**

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Chocolate.  
Vanilla Bean.  
Chocolate Peanut Butter.

**37<sup>99</sup> ea**  
Reg. 47.99 ea

100% Casein Protein Powder 32 oz

ASCENT NATIVE FUEL  
Colorado/USA



Vanilla Bean.  
Chocolate.  
Chocolate Peanut Butter.  
Lemon Sorbet.

**37<sup>99</sup> ea**  
Reg. 47.99 ea

100% Whey Protein Powder 32 oz

ASCENT NATIVE FUEL  
Colorado/USA



Coconut Melon.  
Cedar Eucalyptus.  
Fig + Green Tea.  
Hibiscus Mint.  
Siberian Fur.

Sandalwood + Vanilla.  
Vanilla Mint Charcoal.  
Lavender Charcoal.  
Amber Sage Charcoal.

**4<sup>99</sup> ea**  
Reg. 7.99 ea

Deodorants 2.1 oz

STINKBUG  
Pennsylvania/USA



Sale prices valid June 17 - 30, while supplies last. No Rain Checks.

**bfc deals**

# Classes & Events

You don't need to be a shareholder  
to enjoy our classes and events.



## DAIRY MONTH CELEBRATION!

It is not easy to be in the dairy industry. Celebrate this dedicated lot all month long from yogurt to pudding to sour cream and of course, milk. Lift an ice cold glass of chocolate milk to honor our local dairy farmers throughout June.

We love our local foodshed and all that our farmers are doing to support it, while providing remarkable care for their cows and the land they steward.

--- Thank you, farmers!



## FREE COOKING CLASS

*Balsamic Chicken and Fresh Strawberry Mousse*

**Saturday, June 27th • 10:30 - 11:45 am**

Let's have fun with two easy and delicious recipes. We'll start with sheet pan balsamic chicken, and then move on to a strawberry mousse that will make your taste buds jump for joy. This class is designed for adults, however, children over the age of 8 are welcome to join in with a caregiver.



## FREE KIDS COOKING CLASS

*No-Bake Cookies*

**Saturday, July 11th • 10:30-11:45 am**

It may be too hot to bake, but here at the co-op, we still want to make homemade cookies! While the cookies chill, we will put together some delicious pasta salad. All chefs must be accompanied by a parent or caregiver.



## FREE COMMUNITY EVENT

*Annual Pie and Tart Festival Extravaganza!*

**Scheduled for August 16th, Noon - 1:30 pm**

Visit [BFC.coop/Events](http://BFC.coop/Events) for info about entering your pies and tarts, and more details about the event.



You must **REGISTER** for all of our classes!  
Scan the QR code or visit **BFC.coop/Events**

Sale prices valid **June 17 - 30**  
While supplies last. No Rain Checks. Prices subject to change.

**bfc deals**