



bfc deals



Lakewood

Tropical Punch.
Apple.
Apple Grape.
Fruit Punch.
Cherry Fusion.

4⁹⁹ ea Reg. 5.49 ea

Lakewood Little's Juice Boxes
8-Pk 54 oz

LAKEWOOD Florida/USA




2⁹⁹ lb Reg. 3.99 lb

Organic Baby Bok Choy

LOCAL VERMONT

USDA ORGANIC

OLD ATHENS FARM Putney, VT

PLU#94520




2⁹⁹ ea Reg. 3.99 ea

Bunched Radish PLU#94089

LOCAL 60 MILES

USDA ORGANIC

PICADILLY FARM Winchester, NH



HAPPY PRIDE MONTH!

Help us support our LGBTQ+ community.

Out in the Open

One third of our Round Up for Change donations in June will be going to Out in the Open, “a multiracial, majority working class, grassroots, movement and capacity building organization based in Wabanaki territory throughout the states of Vermont and Maine.”



bfc deals

Discover great savings, seasonal finds, classes, events, and more at the Co-op.

Sale prices valid
June 3 - 16
while supplies last.

BRATTLEBORO FOOD CO-OP
2 Main Street • Brattleboro, VT
Monday-Saturday 8-8; Sunday 9-8
BFC.coop 802-257-0236



Raspberry,
Chocolate,
Maple Walnut,
Summer Strawberry.

13⁹⁹ ea
Reg. 14.99 ea

Cheeseless Vegan Cheesecake 7.5 oz

VERMONT CHEESELESS
New Haven, VT



6⁶⁶ ea
Reg. 10.99 ea

Vermont Country Brie 7 oz

BOSTON POST DAIRY
Enosburg Falls, VT

June Cave to Coop!



3⁵⁰ ea
Reg. 4.99 ea

Fresh Mozzarella 8 oz

MAPLEBROOK FARM
Bennington, VT



Vanilla.
Chocolate.
Maple Cream.

7⁶⁹ ea
Reg. 8.99 ea

Ice Cream 56 oz

SNOW'S
Greenfield, MA



23⁴⁹ lb
Reg. 26.49 lb

Cabot Clothbound Cheddar

JASPER HILL
Greensboro, VT

COOP CHAMPIONS



2 for \$8
Reg. 4.99 ea

Tofu 16 oz

VERMONT SOY
Hardwick, VT



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Beets.
Sauerkraut.
Red Cabbage.

7⁹⁹ ea
Reg. 9.99 ea

Organic Select Ferments 15 oz

REAL PICKLES
Greenfield, MA



REAL PICKLES

FERMENTED & RAW



Dilly Beans.
Nettle Kraut.
Napa Cabbage.

8⁹⁹ ea
Reg. 10.99 ea

Organic Limited Small Batch Ferments 15 oz

REAL PICKLES
Greenfield, MA



4²⁹ ea
Reg. 5.49 ea

Beet Kvass Beverage 10 oz

REAL PICKLES
Greenfield, MA



7⁹⁹ ea
Reg. 9.99 ea

Red Pepper Hot Sauce 5 oz

REAL PICKLES
Greenfield, MA



Garlic Kraut.
Turmeric Kraut.
Chili Kraut.

Kimchi.
Ginger Carrots.

8⁹⁹ ea
Reg. 10.99 ea

Organic Select Ferments 15 oz

REAL PICKLES
Greenfield, MA



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4⁷⁹ ea
Reg. 5.49 ea

Chopped Ginger or Garlic Puree
EMPEROR'S KITCHEN
North Carolina/USA
4.5 oz



3⁹⁹ ea
Reg. 6.49 ea

Original Queso Dip 16 oz
LAUREL HILL
Massachusetts



Peach.
Chunky Mild.
Chunky Medium.

3⁹⁹ ea
Reg. 6.49 ea

Salsas 16 oz
LAUREL HILL
Massachusetts



Misty Knoll Farms
Serving suggestion.



3⁹⁹ lb
Reg. 4.99 lb

Chicken Drumsticks

MISTY KNOLL
New Haven, VT

Prepacked/Random Weights



Serving Suggestion

6⁹⁹ lb
Reg. 7.99 lb

Baby Back Pork Ribs

DUBRETON
Canada

Prepacked/Random Weights



Serving Suggestion

23⁹⁹ lb
Reg. 25.99 lb

New York Strip Steak

NORTH EAST FAMILY FARMS

New England/New York Prepacked/Random Weights

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14⁹⁹ ea
Reg. 18.99 ea

Extra Virgin Olive Oil
for the Pan 16.9 oz

NEOLEA
Greece



16⁹⁹ ea
Reg. 21.99 ea

Extra Virgin Olive Oil
for the Plate 16.9 oz

NEOLEA
Greece



5⁹⁹ ea
Reg. 7.99 ea

Fiddlehead IPA Bratwurst 14 oz

VERMONT SALUMI
Barre, VT



19⁹⁹ lb
Reg. 21.99 lb

Fresh Tuna Steak
SEAFOOD COUNTER

Prepacked/Random Weights



21⁹⁹ lb
Reg. 23.99 lb

Fresh Swordfish Steak
SEAFOOD COUNTER

Prepacked/Random Weights



BILINSKI'S
from the ground up



Apple Breakfast.
Classic Sage Breakfast.
Spinach & Feta.
Mild Italian w/Bell Peppers.
Wild Mushrooms w/Italian Herbs.

5⁹⁹ ea
Reg. 6.99 ea

Organic Chicken Sausages 12 oz

BILINSKI'S
New York/USA



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19⁹⁹ ea
Reg. 24.99 ea

Flagship Cellars Cabernet 750 ml
FLAGSHIP CELLARS
California/USA



22⁹⁹ ea
Reg. 27.99 ea

Hazel Pinot Noir 750 ML
HAZEL WINES
Oregon/USA



14⁹⁹ ea
Reg. 16.99 ea

Misty Dry White Wine Spritz 4-Pk
OYSTER RIVER WINEGROWERS
Warren, ME 12 oz/48 oz



17⁹⁹ ea
Reg. 19.99 ea

IPA Mixed 12-Pk
LONG TRAIL
Bridgewater Corners, VT

12 oz/144 oz



17⁹⁹ ea
Reg. 19.99 ea

Long Trail Ale 12-Pk
LONG TRAIL
Bridgewater Corners, VT

12 oz/144 oz



17⁹⁹ ea
Reg. 19.99 ea

Blackberry Wheat Ale 12-Pk
LONG TRAIL
Bridgewater Corners, VT

12 oz/144 oz

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KATALYST KOMBUCHA



LOCAL
60
MILES

Katalyst Kombuchas 12 oz

2.69 ea
Reg. 3.69 ea

KATALYST
Greenfield, MA

Concord Grape. Bliss Berry. Pineapple.
Ginger Devotion. Raspberry Lime. Mango.



LOCAL
60
MILES

Craft Sodas 12 oz

2 for \$4
Reg. 2.29 ea

KATALYST
Greenfield, MA

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bfc deals

DE NIGRIS
ITALIAN BALSAMIC VINEGAR
SINCE 1898



7⁹⁹ ea
Reg. 9.69 ea

Organic Balsamic Glaze 8.5 oz

DE NIGRIS
Italy

DE NIGRIS
ITALIAN BALSAMIC VINEGAR
SINCE 1898



9⁹⁹ ea
Reg. 11.99 ea

Balsamic Vinegars 8.5 oz

DE NIGRIS
Italy



12⁹⁹ ea
Reg. 15.49 ea

Balsamic Vinegar Platinum 8.5 oz

DE NIGRIS
Italy



7⁹⁹ ea
Reg. 9.49 ea

Classic Sherry Vinegar 12.7 oz

COLUMELA
Spain



11⁴⁹ ea
Reg. 12.99 ea

Sherry Vinegar 30 Year 12.7 oz

COLUMELA
Spain



100% Italian.



24⁹⁹ ea
Reg. 33.99 ea

Extra Virgin Olive Oil 34 oz

SANREMO
Italy

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6.99 ea
Reg. 8.49 ea

Green Curry Paste 4.23 oz

MIKE'S
Thailand



9.99 ea
Reg. 11.99 ea

Olive Oil Balsamic Dressing 11 oz

STONEWALL KITCHEN
Maine/USA



STONEWALL KITCHEN
FAMILY of BRANDS



Balsamic Fig.
Classic Greek.
Sesame Ginger.

Maple Balsamic.
Classic Italian.

6.49 ea
Reg. 7.99 ea

Select Dressings 11 oz

STONEWALL KITCHEN
Maine/USA



Pitted Kalamata.
Pitted Green.
Pimento Stuffed.

3.99 ea
Reg. 6.49 ea

Organic Olives 4.1 - 4.6 oz

LAUREL HILL
Massachusetts



Simply Good Vegan.
Herb & Sea Salt.
Spelt Flakes & Pumpkin Seeds.
GF Oats. GF Everything.

4.99 ea
Reg. 6.99 ea

Crispbreads 8.29 oz

SIGDAL
Norway



SIGDAL
BAKERI

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49 ea
Reg. 16.99 ea

Marine Collagen 160 ct

YOUTHEORY
California/USA



49 ea
Reg. 15.99 ea

Collagen 160 ct

YOUTHEORY
California/USA



Orange Mango.
Pineapple Coconut.

31.99 ea
Reg. 39.99 ea

Clear Whey Protein Isolate 18.3 oz

ASCENT NATIVE FUEL
Colorado/USA



Vanilla.
Chocolate.

34.99 ea
Reg. 44.99 ea

Active Protein Powder 35.2 oz

SUNWARRIOR
Utah/USA



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15⁹⁹ lb
Reg. 18.99 lb

Ethiopia Coffee

ESSELON
Hadley, MA

PLU#1849



16⁹⁹ lb
Reg. 19.99 lb

Guatemalan French Roast Coffee

DEAN'S BEANS
Orange, MA

PLU#1814



16⁹⁹ lb
Reg. 19.99 lb

Honduras Honey Coffee

DUCHESS
Brattleboro, VT

PLU#1887



19⁹⁹ ea
Reg. 26.99 ea

Milk Thistle 280 mg 60 ct

HERB PHARM
Oregon/USA



17⁹⁹ lb
Reg. 20.99 lb

Costa Rican French Roast

MOCHA JOES

PLU#1809



19⁹⁹ lb
Reg. 23.99 lb

Espresso Coffee

FOGBUSTER
Greenfield, MA

PLU#1902



14⁹⁹ lb
Reg. 18.99 lb

Roasted & Salted Almonds PLU#1332

TIERRA FARM
New York/USA



9⁷⁹ lb
Reg. 11.79 lb

Go Nuts Granola PLU#1971

TRUE NORTH
Brattleboro, VT



**BACK ROADS
GRANOLA**

- EST 2010 -



11⁹⁹ lb
Reg. 14.99 lb

Ancient Grains Granola PLU#1217

BACK ROADS
Brattleboro, VT



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Classes & Events

You don't need to be a shareholder to enjoy our classes and events.

DAIRY MONTH CELEBRATION!

Saturday, June 6
11:30 am - 1:30 pm



Family fun will include a Scavenger Hunt, a Chocolate

Ice Cream Taste & Vote, and tons of free samples!

It is not easy to be in the dairy industry, and local farmers get creative in keeping their businesses sustainable.

Sampling will include Echo Farm Pudding, Strafford Chocolate Ice Cream, Big Picture Farm Goat Caramels, and von Trapp Cheese!

For the "Dairy-Free" folks, please sample some local producers including Vermont vegan Cheeseless cheesecake, and Enzymedica Lacto dairy-digesting enzymes.

Join us in honoring the farmers who put milk in our cereal bowls!

We love our local foodshed and all that our farmers are doing to support it, while providing remarkable care for their cows and the land they steward. Thank you, farmers!

FREE KIDS COOKING CLASS:

English Tea Sandwiches and Rhubarb Cake

Saturday, June 13 • 10:30 - 11:45 am

In this FREE class we will make fancy chicken and cranberry sandwiches with rhubarb cake for dessert.

You **must** register for this class at **BFC.coop/Events**

Producer OF THE Month JUNE 2026 LOCAL VERMONT Cheese



Our Producer of the Month article for June focuses on four Vermont cheesemakers.

Read the article at **BFC.coop** or follow the QR Code below!



REFRIGERATION UPDATE:

Big changes are coming over the next few weeks!

All chilled ready-to-drink beverages are consolidating into the main Grab & Go area near the Deli, including sodas and juices currently across from the pizza station.

Refrigerated Grocery will be reorganized, Beer and Wine coolers replaced, and the Wellness/Beer & Wine wall completely redone.

Then in the second week of June, our Produce renovation begins, including new displays and a temporary pop-up Produce market between Bulk and Grocery.

Temporary fridges will be available during the transition, and we'll have signage throughout.

Please expect shifting product locations and active contractor presence — our team is always happy to help!

This project has been in the works since the fall of 2024, when we were awarded a \$500,000 grant from the USDA's Rural Energy for America Program.

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