

coop deals®

JUL 15 - AUG 4, 2026

perfectly salted



3.79

Siete
Tortilla Chips
7.5 oz., selected varieties

Heading out to a picnic, up to the cabin or just looking for an afternoon snack? Siete's Maiz Tortilla Chips are the satisfying crunch you're looking for. The co-op has them on sale, so grab a few bags along with salsa, guacamole and any other snacks for your summertime adventures.

INCLUSIVE TRADE PARTNER

Fillo's is a Hispanic-owned company. We create food that was part of the family meals that we enjoyed as kids. We offer a range of reimagined Latin staples that are packed with flavor and nutrients.



2/\$4

Fillo's
Walking Tamales
4 oz., selected varieties



3.99

C2O
Coconut Water
33.8 fl. oz., selected varieties



4.99

So Delicious
Plant-based
Frozen Dessert
1 pt., selected varieties



Good food, warm nights and great memories.

Tasty bites for summer gatherings.



plant-based protein perfected

Packed with 10g of dairy-free protein and no artificial flavors or artificial sweeteners, siggi's plant-based yogurt is thick, creamy and naturally delicious.



3 / \$5

Siggi's Plant-based Yogurts

5.3 oz., selected varieties



4.99

Laird Superfood Organic Liquid Creamer

22 fl. oz., selected varieties



Top your yogurt with delicious ingredients.

Look for berries at the co-op!

delicious all-natural Greek yogurt

Crafted with time-honored traditions, this is truly dairy worthy of distinction.

2 / \$7

Fage Greek Yogurts

16 oz., selected varieties



6.99

Cocojune Organic Coconut Cultured Yogurt

16 oz., selected varieties



Fill the fridge with yogurt from the co-op.



crafted to perform



Cultured and churned from organic cashew milk, this chef-loved European-style butter melts, spreads and browns for exceptional cooking performance.



COOPERATIVELY OWNED

5.49

Organic Valley Sliced Cheese
6 oz., selected varieties

4.99

Miyoko's Creamery
Organic Plant Milk Butter
8 oz., selected varieties



Whip up a tasty breakfast sandwich.

Yummy ingredients you love.

good eggs, no shortcuts



Each hen roams 108 square feet of lush pasture with fresh air, sunshine and natural forage. USDA Organic, Certified Humane, from small family farms.

8.69

Vital Farms
Organic Pasture-raised Large Grade A Eggs
1 doz.



3.49

Blue Diamond
Almondmilk
59-64 fl. oz., selected varieties

Start your day with favorites from the co-op.



2/\$4
De La Calle!
Organic Mexican
Sodas
12 fl. oz., selected
varieties



5.99
Smart Chicken
Organic Party
Wings
per pound



7.99
Beyond
Plant-based Sausages
10.6-14 oz., selected varieties



4.39
Upton's Naturals
Seitan
8 oz., selected varieties



Fire up the grill and enjoy a meal outside.

Don't forget the sparkly beverages.

organic energy

Kevita Master Brew Kombuchas are an organic natural source of energy with 66mg of clean caffeine. Grab a Master Brew for a boost!

2/\$6

KeVita
Organic Kombuchas
15.2 fl. oz., selected varieties



5.99
Grillo's
Pickles
32 fl. oz., selected
varieties



16.99
Thousand Hills
Ribeye Steak
8 oz.

Hot days call for hot deals from the co-op.



2/\$6
 Nature's Path
 Organic
 Frozen Waffles
 7.4 oz., selected
 varieties

summer classics

The classic treats you never stopped loving — made with organic ingredients for a modern take on pure nostalgia.



5.49

**Alden's Organic
 Frozen Novelties**
 9-14 fl. oz., selected varieties



2/\$8
 Cascadian Farm
 Organic Frozen
 Potatoes
 12-16 oz., selected
 varieties



2/\$8
 Cascadian Farm
 Organic Frozen
 Fruits
 8-10 oz., selected
 varieties



4.49
 Gardein
 Plant-based
 Proteins
 8.1-13.7 oz., selected
 varieties



5.49 Food for Life
 Organic Bread
 24 oz., selected varieties

scoop happiness

Indulge in bold chunks, swirls and unforgettable flavor. Ben & Jerry's turns every scoop into pure joy — crafted for fun-seekers who crave something wildly delicious.

5.49

**Ben & Jerry's
 Ice Cream**
 14.4-16 fl. oz., selected varieties



5.49
 Actual Veggies
 Burgers
 4 pk.-3oz., selected
 varieties



The co-op has frozen staples and sweets.



3.39

Safe Catch
Elite Wild Tuna
5 oz.

everyday EVOO

Crafted from olives sourced from our farms and trusted partner growers worldwide, our Global Blend Extra Virgin Olive Oil delivers a smooth, well-rounded flavor that adds depth and quality taste to everyday cooking.

15.99

California Olive Ranch
Global Blend Extra Virgin Olive Oil
25.4 fl. oz.



bulk up

SCAN TO LEARN MORE

Help the environment by shopping in bulk. You'll be part of the solution for mitigating excess waste. Scan the QR code for more reasons to visit the co-op's bulk section!



INCLUSIVE TRADE PARTNER

Fishwife is a woman-owned company. We aim to make ethically sourced and delicious tinned seafood a staple in every cupboard.



7.49 Fishwife
Smoked Rainbow Trout
3.7 oz.

scoop up the savings in bulk!



2.69
Organic French
Lentils
per pound in bulk,
selected varieties



10.99
Dried Tart Cherries
per pound in bulk,
selected varieties



11.99
Organic Pecan
Halves
per pound in bulk,
selected varieties

Shop the bulk aisle at the co-op.



2/\$6

**Annie's
Mac & Cheese**
6 oz., selected varieties

*great for
potlucks*

CAPRESE PASTA SALAD

This is the perfect time of year to toss together a summer salad. The recipe calls for fusilli pasta and fresh cherry tomatoes. It's colorful, zesty and delicious — a perfect addition to any BBQ, picnic or potluck.



2/\$4

**Flow
Spring Waters**
33.8 fl. oz., selected varieties



7.99

**Rao's
Pasta Sauce**
24 oz., selected varieties

organic Italian pasta



Traditional Italian pastas made from organic durum wheat semolina, bronze-cut for a hearty texture that beautifully holds rich, savory sauces.

2/\$6

**Bionaturae
Organic Pastas**
16 oz., selected varieties



6.99

**Sweetleaf
Sweet Drops**
2 fl. oz., selected varieties

The co-op has ingredients for easy meals.



2/\$3 Larabar
Fruit & Nut Bars
1.6-1.7 oz., selected varieties



2/\$4 Thunderbird
Superfood Bars
1.7 oz., selected varieties



2/\$5
Woodstock
Organic Banana
Waters
16.9 fl. oz.



2.99
Pacific Foods
Plant-based
Beverage
32 fl. oz., selected
varieties



3.99
Bionaturae
Organic Fruit
Nectar
25.4 fl. oz., selected
varieties



4.49
Bob's Red Mill
Old Country Style
Muesli
18 oz.



4.39
R.W. Knudsen
Organic Juice
Blend
32 fl. oz., selected
varieties



6.39
Kashi
Cereal
12.7-18 oz., selected
varieties



COOPERATIVELY OWNED
10.99
Equal Exchange
Organic Coffee
10-12 oz., selected
varieties

Never miss your
favorite deals



coop deals.

Download the App!

- Find your closest food co-ops
- See what's on sale
- Never miss your favorite deals

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



5.99
Maranatha
Organic Peanut Butter
16 oz., selected varieties

Download the Co+op Deals app today.



2/\$7

Stacy's Pita Chips
6.75-7.33 oz., selected varieties



1.79

Steaz Organic Tea
16 fl. oz., selected varieties



2/\$7

Hippeas Chickpea Snacks
3.75-5 oz., selected varieties



2/\$7

Chocolove Chocolate Bars
2.9-3.2 oz., selected varieties



4.29

Lily's Chocolate Bar
2.8-3 oz., selected varieties



4.69

Theo Organic Chocolate Bar
3 oz., selected varieties



5.49

Virgil's Soda
4 pk.-12 fl. oz. bottles, selected varieties



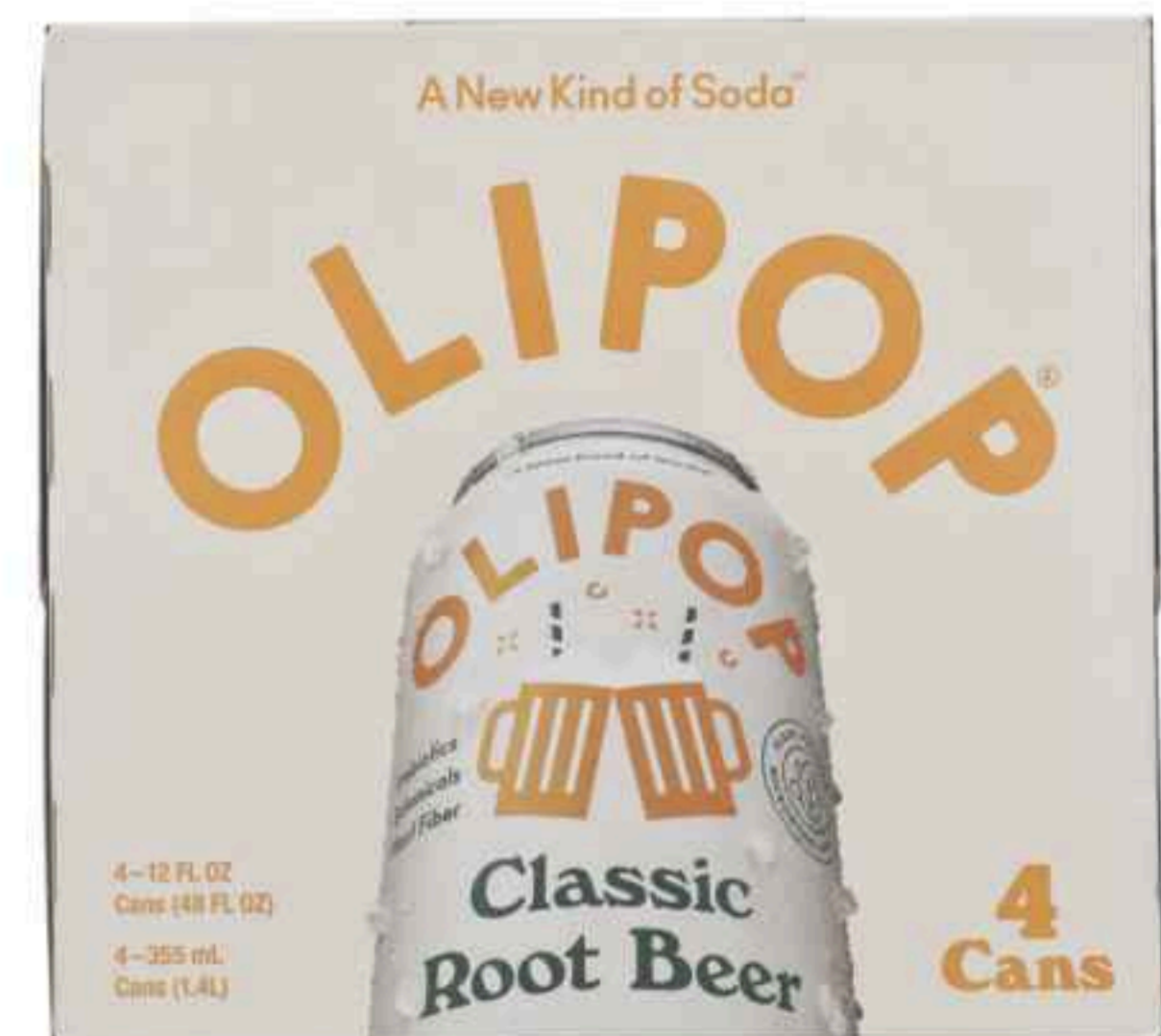
5.99

Zevia Zero Sugar Soda
6 pk.-12 fl. oz. cans, selected varieties



5.99

LaCroix Sparkling Water
12 pk.-12 fl. oz., selected varieties



7.49

Olipop Prebiotic Soda
4 pk.-12 fl. oz., selected varieties



7.49

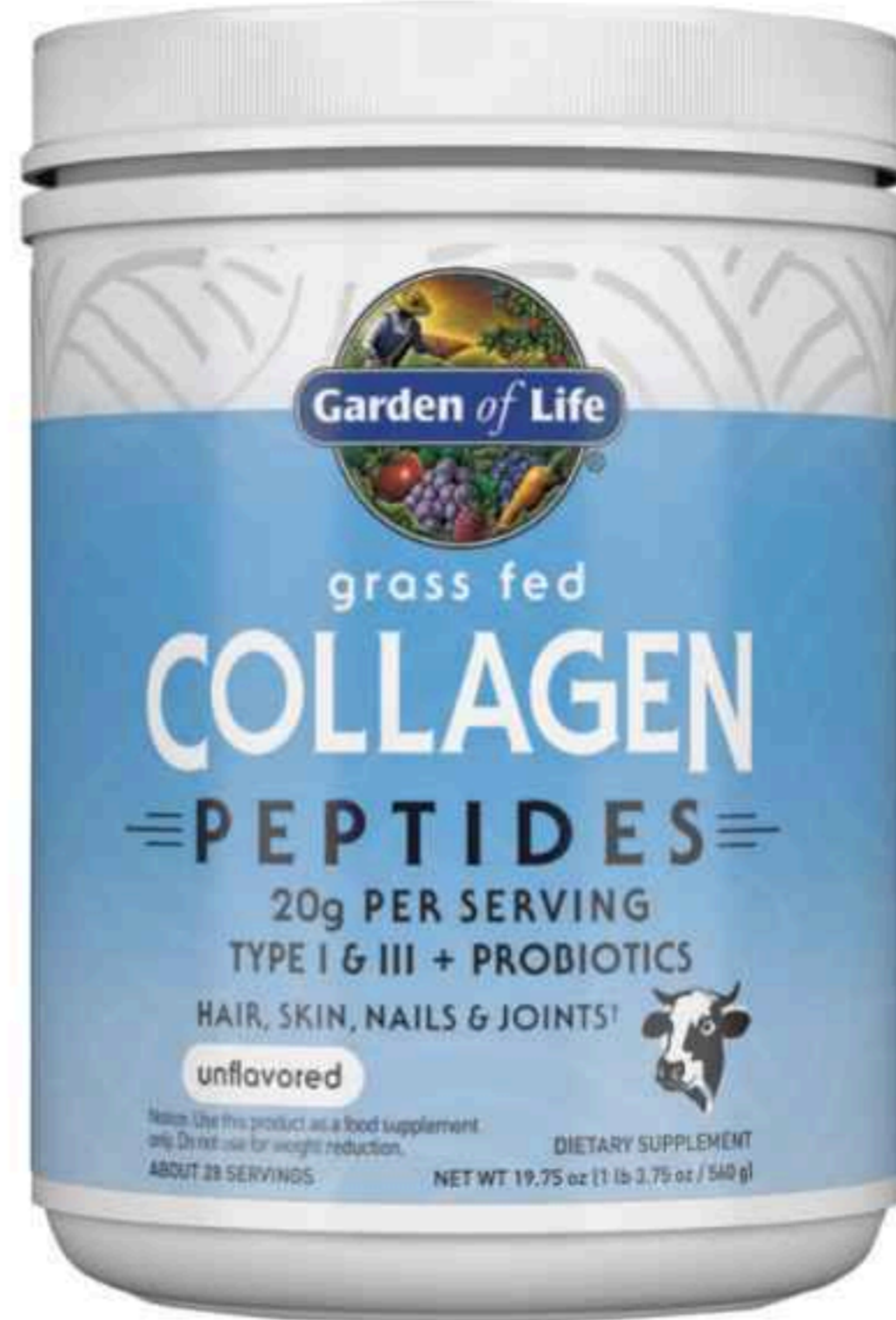
HOP WTR Sparkling Water
6 pk.-12 fl. oz. cans, selected varieties



Save on snacks and drinks at the co-op.



← *flow and glow*



For locks that flow and skin that glows, choose Garden of Life Grass-fed Collagen Peptides. Supports healthy hair, radiant skin and strong nails, while also supporting joints and mobility.

28.99

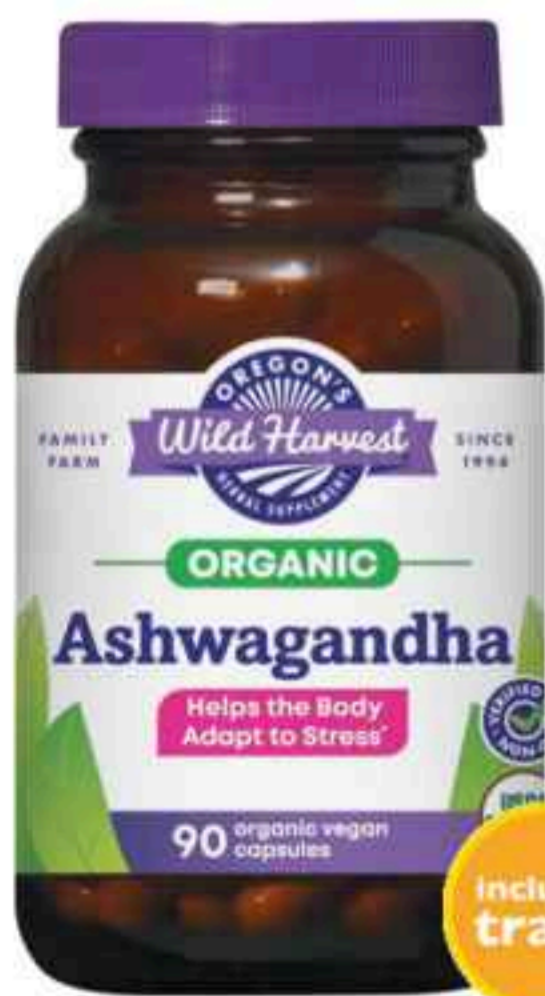
**Garden of Life
Grass-fed Collagen Peptides**
19.75 oz.



Great wellness options at the co-op.
Savings on supplements!

INCLUSIVE TRADE PARTNER

Oregon's Wild Harvest is a woman-owned company. Our family-owned, certified organic and biodynamic farm makes organic herbal supplements.



18.99

**Oregon's Wild Harvest
Organic Ashwagandha**
90 ct.



16.99

**Liquid I.V.
Hydration Multiplier
Drink Mixes**
10 pk.-.56 oz., selected varieties

INCLUSIVE TRADE PARTNER

Wishgarden Herbs is a woman-owned company. We source organic and sustainable herbs from fair trade and family-owned farms.



16.99

**Wishgarden Herbs
Kick-Ass Immune Activator**
2 fl oz.



20.99

**Flora
Super 8 Hi-Potency Probiotic**
30 ct.

Find all your summer supplements at the co-op.

Some items may not be available at all stores or on the same days

inclusive trade

Shop inclusive trade!

We're pleased to offer great deals on brands and products that are women-, People of the Global Majority- (Black/ African American, Brown, Latino/ Latine, Hispanic, Asian, Pacific Islander, Middle Eastern and North African, Indigenous Native American or mixed race), LGBTQIA+, veterans- or persons with disabilities-owned.

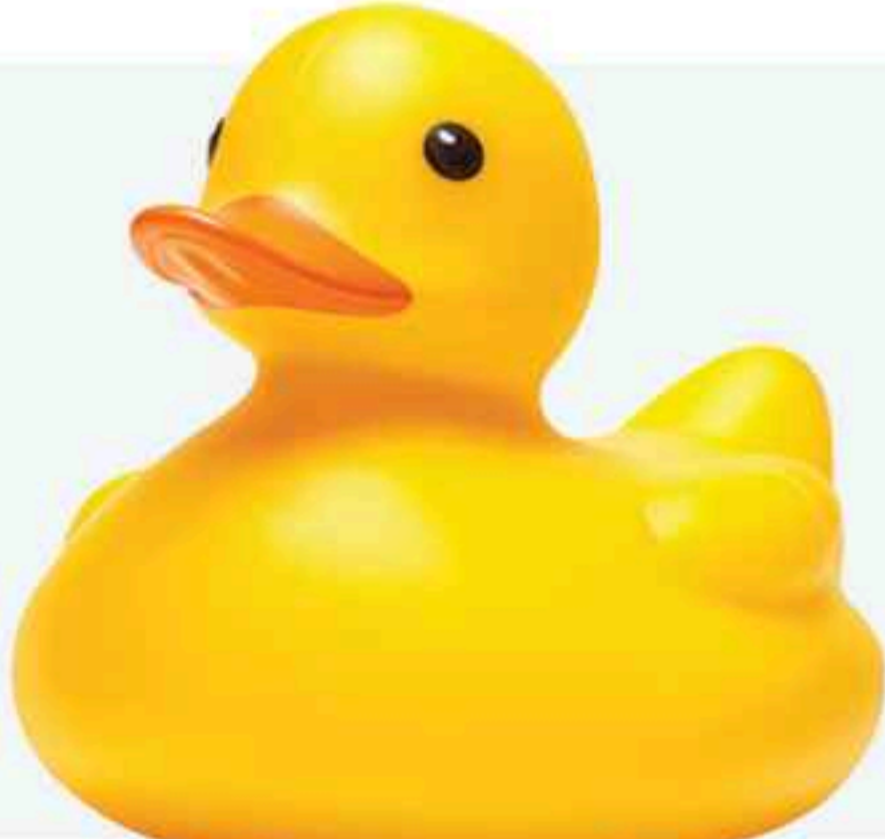
silky hair, reimagined

INCLUSIVE TRADE PARTNER

Giovanni is a veteran-owned company. Our hair products are crafted with botanical ingredients and conscious sourcing. This salon-quality duo elevates your routine with vegan formulas, recyclable packaging and a commitment to cruelty-free, planet-friendly beauty.

6.49

Giovanni
Shampoo or Conditioner
 8.5 fl. oz., selected varieties

Stock up on bath and body care products from the co-op.

Feel fresh and clean.

INCLUSIVE TRADE PARTNER

Kirk's is a woman-owned company. We believe everyone deserves access to natural cleansers and our products are safe for the whole family.



5.39

Kirk's
Castile Bar Soap
 3 pk.-4 oz., selected varieties



2/\$8

DrTung's
Smart Floss
 30 yd., selected varieties



8.99

HiBAR
Deodorant
 2.25 oz., selected varieties

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.



13.39

Badger
SPF 50 Adventure Mineral
Sunscreen Cream
 2.9 fl. oz.

Shop Inclusive Trade at the co-op.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Ever'man Cooperative Grocery & Cafe

GEORGIA

Daily Groceries Co-op
Sevananda Natural Foods Market

MAINE

Belfast Community Co-op
Blue Hill Co-op
Good Tern Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op
Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market
Berkshire Food Co-op
Green Fields Market
McCusker's Market

River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Potsdam Food Co-op
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op

Erie Food Co-op
Mariposa Food Co-op
South Philly Food Co-op
Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

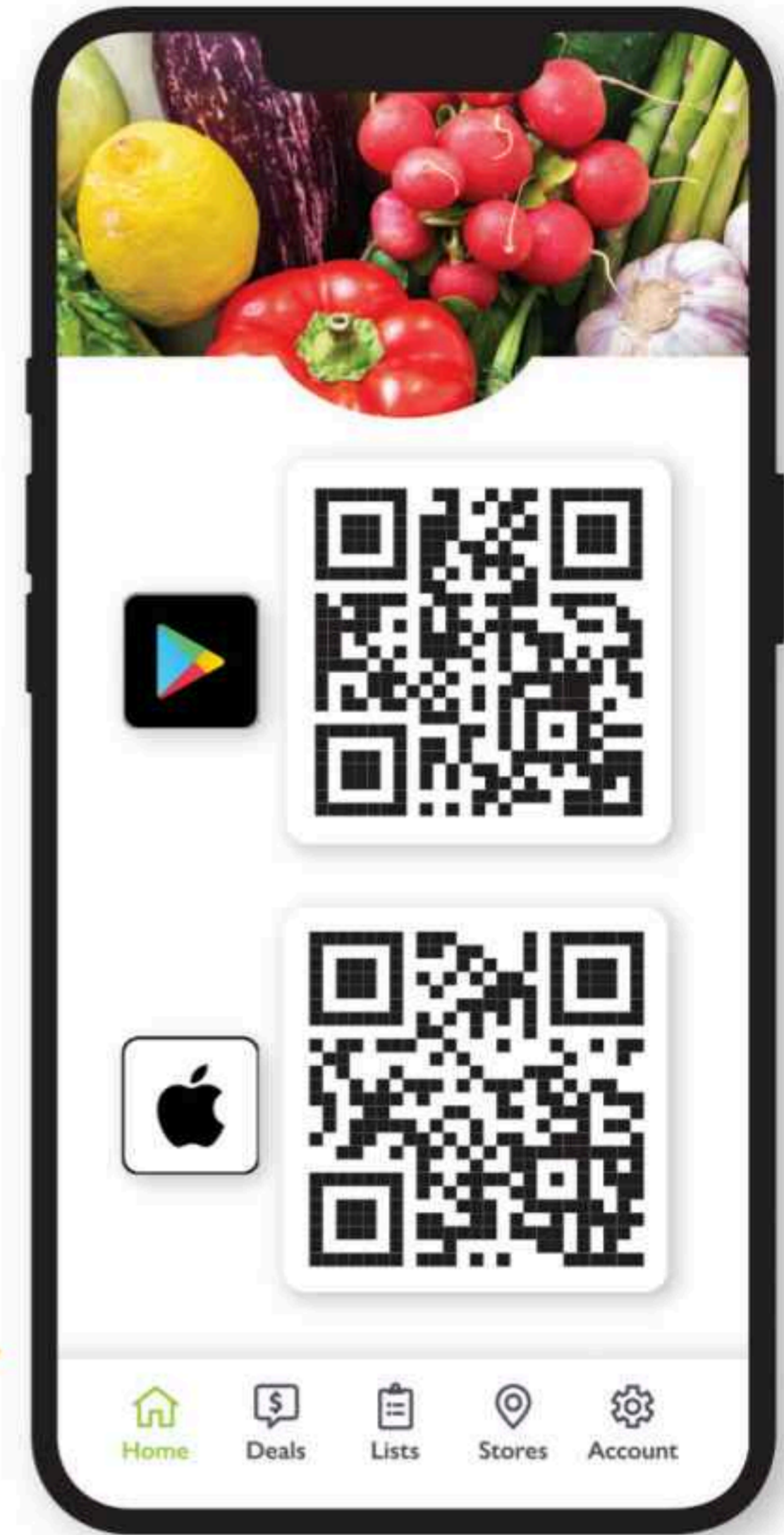
Brattleboro Food Co-op
Buffalo Mountain Market
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Morrisville Food Co-op
Putney Food Co-op
Rutland Area Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Lovettsville Co-op Market
Roanoke Co+op

coop deals.

Download the App!



See what's on sale with the Co+op Deals app!

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



3.79
Late July Snacks
Organic Tortilla Chips
6-10.1 oz., selected varieties



4.99
Late July Snacks
Salsa
15.5 oz., selected varieties



everyday low price
4.49
Field Day
Coconut Water
33.8 fl. oz.



5.49
JonnyPops
Frozen Novelties
6.72-14.8 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



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