

bfc deals

SAVE SEPTEMBER 18th - OCTOBER 1st

BEVERAGES

Strawberry Jalapeño.
Pineapple Mint.
Blueberry Lavender.
Ginger Lemon Rosemary.



BEAR'S FRUIT
Brooklyn, NY

2 for \$7

Kombucha 12 fl oz

Reg 4.29 ea

PRODUCE



CHAMPLAIN ORCHARDS
Shoreham, VT / USA

1.49 lb
Reg 2.99 lb

Loose Macintosh Apples

CHEESE

Great For
School Lunches!

Mild Spreadable
Soft Cheese.



LAUGHING COW
Chicago, IL

3.99 ea

Snack Wedges 5.4 oz

Reg 4.99 ea

PRODUCE



PICADILLY FARM
Winchester, NH / USA

3.99 lb
Reg 4.99 lb

Local Organic Red Peppers

SAVE SEPTEMBER 18th - OCTOBER 1st

MEAT



Misty Knoll Farms

Pre-Packed/Random Weights

MISTY KNOLL
New Haven, VT

9⁹⁹ lb
Reg 10.99 lb

Boneless Chicken Breast

MEAT



DUBRETON
Canada

4⁹⁹ lb

Boneless Pork Loin Reg 5.99 lb

MEAT



NORTHEAST FAMILY FARMS
New England

15⁹⁹ lb

New York Strip Steak Reg 17.99 lb

CHEESE



SHELburne FARMS
Shelburne, VT

10⁹⁹ lb

Tractor Trim Reg 12.99 lb

BULK SNACKS



Prepacked / Random Weights

BULK DEPT
PLU 55010

4⁹⁹ lb

Coconut Date Rolls Reg 6.59 lb

FROZEN



BREAD SHED
Keene, NH

9⁹⁹ ea
Reg 11.99 ea

Pizza Crusts 26-28 oz

NON-DAIRY



IMPOSTER
Troy, NY

5²⁹ ea

Mozz Shreds 8 oz Reg 6.79 ea

NON-DAIRY



IMPOSTER
Troy, NY

8⁴⁹ ea

Mozz Sticks 9 oz Reg 9.99 ea

NON-DAIRY



IMPOSTER
Troy, NY

8⁴⁹ ea

Jalapeno Bites 8 oz Reg 9.99 ea

CHEESE



Cave To Coop
For September.



JASPER HILL CELLARS
Greensboro, VT

4³³ ea

Vault #5 Cheddar 8 oz Reg 8.99 ea

GROCERY

Artisana[™]
MARKET



ARTISANA

8⁴⁹ ea

Raw Coconut Butter 14 oz Reg 9.99 ea

GROCERY

Artisana[™]
MARKET



ARTISANA

8⁷⁹ ea

Raw Tahini Butter 14 oz Reg 12.99 ea

GROCERY

Artisana[™]
MARKET



ARTISANA

13⁹⁹ ea

Raw Cashew Butter 14 oz Reg 16.99 ea

GROCERY

Artisana[™]
MARKET



ARTISANA

15⁹⁹ ea

Raw Almond Butter 14 oz Reg 19.99 ea

SAVE SEPTEMBER 18th - OCTOBER 1st

BFC MERCH



KLEEN KANTEEN
BFC Branded **20% off**
27 oz Classic Sport

BFC MERCH



KLEEN KANTEEN
BFC Branded **20% off**
8 oz Tumbler w/Lid

BFC MERCH



KLEEN KANTEEN
BFC Branded **20% off**
20 oz Wide Mouth Pint

BFC MERCH




KLEEN KANTEEN
BFC Branded **20% off**
16 oz Wide Canister



SAVE SEPTEMBER 18th - OCTOBER 1st

BULK GRAINS



USDA ORGANIC

BULK DEPT
PLU 1341

1.79 lb
Reg 2.59 lb

Millet

GROCERY



Reg 3.49 ea

Packed in organic extra virgin olive oil, Cayenne pepper flavored olive oil, or lemon flavored olive oil.

BELA Portuguese

Lightly Smoked Portuguese Sardines **2 for \$6**
4.23 oz

GROCERY

Medium Del Rio. Corn & Black Bean. Peach Mango. Tequila.




DESERT PEPPER TRADING CO.

Authentic Salsas 16 oz **3.99 ea**
Reg 5.49 ea

GROCERY




UNIQUE SNACKS ESTD 1921

UNIQUE

Splits Pretzels 11 oz **3.29 ea**
Reg 4.49 ea

BULK GRAINS



USDA ORGANIC

BULK DEPT
PLU 9541

2.99 lb
Reg 3.79 lb

Red Quinoa

BULK SEEDS



USDA ORGANIC

BULK DEPT
PLU 1574

2.99 lb
Reg 4.59 lb

Chia Seeds

BULK NUTS




USDA ORGANIC

BULK DEPT
PLU 1413

8.49 lb
Reg 10.99 lb

Roasted & Salted Pistachios

BULK COFFEE



USDA ORGANIC LOCAL 60 MILES

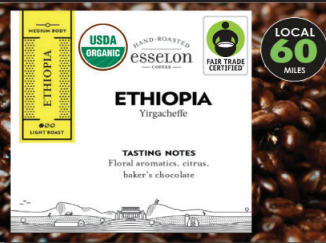
Certified B Corporation

DEAN'S BEANS

Orange, MA

Peruvian French Decaf **15.39 lb**
Reg 16.39 lb
PLU#1805

BULK COFFEE



USDA ORGANIC LOCAL 60 MILES

ESSELON

Hadley, MA

Ethiopia **14.99 lb**
Reg 15.99 lb
PLU#1849

BULK COFFEE



LOCAL VERMONT

USDA ORGANIC

MOCHA JOE'S

CAMEROON

DARK ROAST DIRECT TRADE

WALNUT, MOLASSES, VANILLA

MOCHA JOES
Brattleboro, VT

Cameroon Espresso **14.49 lb**
Reg 15.49 lb
PLU#1844

BULK COFFEE



USDA ORGANIC LOCAL 60 MILES

AIR ROASTED

FOGBUSTER COFFEE WORKS

Greenfield, MA

Fogbuster **16.99 lb**
Reg 17.99 lb
PLU#1854

BULK COFFEE



USDA ORGANIC LOCAL VERMONT

DUCHESS COFFEE CO.

Brattleboro, VT

Guatemala Huehuetenango Santa Cruz **17.49 lb**
Reg 18.99 lb
PLU#1889