



# SALES



## SAVE JANUARY 17<sup>th</sup> to 30<sup>th</sup>

### GROCERY



Reg 7.99 ea **Save 3.00 ea 4<sup>99</sup> ea**  
 Sprouted Quinoa 12 oz  
 TRUROOTS

### MEAT



Reg 4.49 lb **Save 50¢ lb 3<sup>99</sup> lb**  
 Fresh Boneless Pork Shoulder  
 DUBRETON Canada Pre-Packed / Random Weights

### MEAT



HIDDEN SPRINGS  
 MAPLE



Grade A  
 Amber Color Rich Taste  
 Grade A  
 Dark Color Robust Taste  
 Reg 12.99 ea **Save 3.00 ea 9<sup>99</sup> ea**  
 Vermont Maple Syrup 16 fl oz  
 HIDDEN SPRING Putney, VT

### GROCERY



Reg 5.69 ea **Save 1.20 ea 4<sup>49</sup> ea**  
 Classic Pancake & Waffle Mix  
 BIRCH BENDERS 16 oz

### MEAT



Reg 11.99 lb **Save 1.00 lb 10<sup>99</sup> lb**  
 Fresh Top Round Steak  
 NORTHEAST FAMILY FARMS New England

### CHEESE



Shelburne  
 FARMS



Reg 10.99 lb **Save 2.00 lb 8<sup>99</sup> lb**  
 2 Year Cheddar Trim  
 SHELburne FARMS Shelburne, VT

### GROCERY



Reg 4.69 ea **Save 1.69 ea 2 for \$6**  
 Rice and Grains 8.5 oz  
 SEEDS OF CHANGE

### BEVERAGES

Aqua Vitea  
 KOMBUCHA



Reg 3.99 ea **Save 99¢ ea 2 for \$6**  
 Kombucha Bottles 16 fl oz  
 AQUA VITEA Middlebury, VT All Flavors

### BULK COFFEE



Reg 15.39 lb **Save 1.00 lb 14<sup>39</sup> lb**  
 Moka Sumatra Coffee Beans  
 DEANS BEANS Orange, MA



While supplies last • Prices subject to change • Prices valid during dates of sale only

**BRATTLEBORO FOOD CO-OP**

802-257-0236 • Mon-Sat 8-8; Sun 9-8 • BFC.coop

**EVERYONE  
 WELCOME**  
 @ the Co-op!



## GROCERY



Reg 9.49 ea **Save 2.50 ea 6<sup>99</sup> ea**  
Organic Bagged Granolas 10 oz  
BACKROADS GRANOLA Brattleboro, VT

## GROCERY



Reg 12.99 ea **Save 3.00 ea 9<sup>99</sup> ea**  
Vermont Maple Syrup 16 fl oz  
HIDDEN SPRING Putney, VT

## GROCERY



Reg 12.99 ea **Save 3.00 ea 9<sup>99</sup> ea**  
Vermont Maple Syrup 16 fl oz  
HIDDEN SPRING Putney, VT

## FERMENTS



Reg 11.99 ea **Save 2.20 ea 9<sup>79</sup> ea**  
Kimchi & Kraut 16 oz  
FINALLIE FERMENTS Brattleboro, VT

## GROCERY



Reg 21.99 ea **Save 4.00 ea 17<sup>99</sup> ea**  
Vermont Maple Syrup 32 fl oz  
HIDDEN SPRING Putney, VT

## MEAT



Reg 21.99 ea **Save 4.00 ea 17<sup>99</sup> ea**  
Vermont Maple Syrup 32 fl oz  
HIDDEN SPRING Putney, VT

## CHEESE



Reg 23.99 lb **Save 9.00 lb 14<sup>99</sup> lb**  
Boggy Meadows Baby Swiss 8 oz  
BOGGY MEADOWS Walpole, NH

## CHEESE



Reg 27.49 lb **Save 4.00 lb 23<sup>49</sup> lb**  
Bayley Hazen Blue  
JASPER HILL CELLARS Greensboro, VT

## MEAT



Pre-Packed Random Weights  
Reg 8.99 lb **Save 1.00 lb 7<sup>99</sup> lb**  
Fresh Vermont Ground Turkey  
MISTY KNOLL FARMS New Haven, VT



## WHO KNEW?



## BULK GRANOLA



Reg 10.99 lb **Save 1.00 lb** **9<sup>99</sup> lb**  
Maple Cranberry Granola  
BACKROADS GRANOLA Brattleboro, VT

## BULK GRANOLA



Reg 10.99 lb **Save 1.00 lb** **9<sup>99</sup> lb**  
Granola Blues Granola  
TRUE NORTH GRANOLA Brattleboro, VT

## BULK COFFEE



Reg 15.79 lb **Save 1.00 lb** **14<sup>79</sup> lb**  
Costa Rica Dark Roast Beans  
MOCHA JOE'S Brattleboro, VT

## BULK COFFEE



Reg 15.99 lb **Save 1.00 lb** **14<sup>99</sup> lb**  
Ethiopia Coffee Beans  
ESSELON ROASTERS Hadley, MA

## BULK COFFEE



Reg 17.29 lb **Save 1.00 lb** **16<sup>29</sup> lb**  
Fogbuster® Coffee Beans  
FOGBUSTER® COFFEE WORKS Greenfield, MA

## GROCERY

A delicious and filling  
keto bone broth soup cup

- ✓ 4g net carbs
- ✓ 17g protein
- ✓ Collagen + MCT Oil



Cheddar  
Broccoli.



Chicken  
Vegetable.

Reg 3.29 ea **Save 79¢ ea** **2 for \$5**  
Bone Broths 1.2 oz - 1.4 oz  
POWER PROVISIONS

## GROCERY



Reg 6.99 ea **Save 1.50 ea** **5<sup>49</sup> ea**  
Paleo Pancake & Waffle Mix  
BIRCH BENDERS 10 oz

## GROCERY



Reg 9.29 ea **Save 2.30 ea** **6<sup>99</sup> ea**  
Keto Pancake & Waffle Mix  
BIRCH BENDERS 10 oz

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# Wellness Specials



## SAVE JANUARY 3<sup>rd</sup> - 30<sup>th</sup>

### SUPPLEMENTS



inclusive  
trade

Sourced directly from women's collectives in Nicaragua who sustainably wild harvest and process all of the seeds!

Reg 13.99 ea **Save 3.00 ea** **10<sup>99</sup> ea**  
Ojoche Tostado 12 oz  
HEALING FROM FOODS Brattleboro, VT

### BODY CARE



Vitamin C Serum &  
Vitamin A Serum

**Mad Hippie**  
advanced skin care

Other face care on sale, too!

Reg 30.99 ea **Save 6.00 ea** **24<sup>99</sup> ea**  
Day & Night Dual Pack (15 ml ea)  
MAD HIPPIE

### BODY CARE



inclusive  
trade

Reg 19.99 ea **Save 4.00 ea** **15<sup>99</sup> ea**  
All Cream 2 fl oz  
FAT AND THE MOON  
Other facial care on sale, too!

### BODY CARE



inclusive  
trade



Reg 19.99 ea **Save 4.00 ea** **15<sup>99</sup> ea**  
Mermaid Mask 2 fl oz  
FAT AND THE MOON  
Other facial care on sale, too!

### SUPPLEMENTS



inclusive  
trade



Reg 24.99 ea **Save 5.00 ea** **19<sup>99</sup> ea**  
All Bitters 2 fl oz  
URBAN MOONSHINE  
They're back!

### SUPPLEMENTS



Reg. 14.49 ea **Save 3.00 ea**  
Hydro-Fuel Powder  
ZHOU  
**11<sup>99</sup> ea**



Reg. 26.99 ea **Save 5.00 ea**  
Creatine Powder  
**21<sup>99</sup> ea**



Reg. 24.99 ea **Save 6.00 ea**  
Muscle BCAAs  
**18<sup>99</sup> ea**

### SUPPLEMENTS



Reg 26.99 ea **Save 7.00 ea** **19<sup>99</sup> ea**  
Calming Magnesium Powders  
KAL 9 - 9.5oz

### SUPPLEMENTS



inclusive  
trade



Reg 48.99 ea **Save 10.00 ea** **38<sup>99</sup> ea**  
Men's, Women's, and Ultra Daily Probiotics 30 ct  
VITAL PLANET  
Refrigerated or shelf stable!

### SUPPLEMENTS



inclusive  
trade



Reg 38.99 ea **Save 10.00 ea** **18<sup>99</sup> ea**  
Vital Cleanse Kit 14 Day  
VITAL PLANET

While supplies last • Prices subject to change • Prices valid during dates of sale only • No rain checks



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