

GROCERY



Reg 7.99 ea Save 3.00 ea 499 ea Sprouted Quinoa 12 oz TRUROOTS

MEAT



Reg 4.49 lb Save 50¢ lb 399 lb Fresh Boneless Pork Shoulder DUBRETON Canada Pre-Packed / Random Weights

MEAT



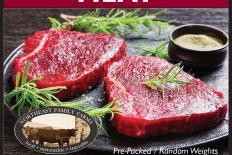
Reg 12.99 ea Save 3.00 ea 999 ea Vermont Maple Syrup 16 fl oz HIDDEN SPRING Putney, VT

GROCERY



Reg 5.69 ea **Save I.20 ea 449 ea**Classic Pancake & Waffle Mix
BIRCH BENDERS 16 oz

MEAT



Reg II.99 lb Save I.00 lb 1099 lb
Fresh Top Round Steak
NORTHEAST FAMILY FARMS New England

CHEESE



Reg 10.99 lb **Save 2.00 lb 899 lb**2 Year Cheddar Trim

SHELBURNE FARMS Shelburne, VT

GROCERY



Reg 4.69 ea Save 1.69 ea 2 for 6
Rice and Grains 8.5 oz
SEEDS OF CHANGE

BEVERAGES



Reg 3.99 ea Save 99¢ ea 26016 Kombucha Bottles 16 fl oz AQUA VITEA Middlebury, VT All Flavors

BULK COFFEE



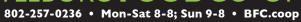
Reg 15.39 lb Save 1.00 lb 439 lb Moka Sumatra Coffee Beans DEANS BEANS Orange, MA







While supplies last • Prices subject to change • Prices valid during dates of sale only BRATTLEBORO FOOD CO-OP









Reg 9.49 ea Save 2.50 ea 699 ea Organic Bagged Granolas 10 oz BACKROADS GRANOLA Brattleboro, VT

FERMENTS



Reg 11.99 ea Save 2.20 ea 979 ea Kimchi & Kraut 16 oz FINALLIE FERMENTS Brattleboro. VT

GROCERY



Reg 12.99 ea Save 3.00 ea 999 ea Vermont Maple Syrup 16 fl oz HIDDEN SPRING Putney, VT

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Reg 12.99 ea Save 3.00 ea 999 ea Vermont Maple Syrup 16 fl oz HIDDEN SPRING Putney, VT

GROCERY



Reg 21.99 ea Save 4.00 ea 799 ea Vermont Maple Syrup 32 fl oz HIDDEN SPRING Putney, VT

MEAT



Reg 21.99 ea Save 4.00 ea 799 ea Vermont Maple Syrup 32 fl oz HIDDEN SPRING Putney, VT

CHEESE



Reg 23.99 lb Save 9.00 lb 499 lb Boggy Meadows Baby Swiss 8 oz BOGGY MEADOWS Walpole, NH



Reg 27.49 lb **Save 4.00 lb 23⁴⁹ lb** Bayley Hazen Blue JASPER HILL CELLARS *Greensboro, VT*

MEAT



Reg 8.99 lb Save I.00 lb 799 lb Fresh Vermont Ground Turkey
MISTY KNOLL FARMS New Haven, VT









Reg | 5.79 | b Save | 1.00 | b | 4⁷⁹ | b Costa Rica Dark Roast Beans MOCHA JOE'S Brattleboro, VT

BULK COFFEE



Reg | 5.99 | b Save | 1.00 | b | 499 | b Ethiopia Coffee Beans ESSELON ROASTERS Hadley, MA

BULK COFFEE



Reg 17.29 lb Save 1.00 lb 629 lb Fogbuster® Coffee Beans FOGBUSTER® COFFEE WORKS Greenfield, MA

BULK GRANOLA



Reg 10.99 lb Save 1.00 lb 999 lb Maple Cranberry Granola BACKROADS GRANOLA Brattleboro, VT

BULK GRANOLA







Reg 10.99 lb Save 1.00 lb 999 lb Granola Blues Granola TRUE NORTH GRANOLA Brattleboro, VT

GROCERY



Reg 3.29 ea Save 79¢ ea 2601\$5 Bone Broths 1.2 oz -1.4 oz **POWER PROVISIONS**

GROCERY



Reg 6.99 ea Save 1.50 ea 549 ea Paleo Pancake & Waffle Mix BIRCH BENDERS 10 oz

GROCERY



Keto Pancake & Waffle Mix BIRCH BENDERS 10 oz

Wellness Specials



NUARY 3rd

SUPPLEMENTS



Reg 13.99 ea Save 3.00 ea 099 ea Ojoche Tostado 12 oz HEALING FROM FOODS Brattlehoro VT

BODY CARE



Reg 30.99 ea Save 6.00 ea 2499 ea Day & Night Dual Pack (15 ml ea) MAD HIPPIE

BODY CARE



Reg 19.99 ea Save 4.00 ea 1599 ea All Cream 2 floz FAT AND THE MOON

Other facial care on sale too!

BODY CARE





SUPPLEMENTS



Reg 24.99 ea Save 5.00 ea 999 ea All Bitters 2 floz They're back! URBAN MOONSHINE

SUPPLEMENTS



Save 3.00 ea Hydro-Fuel Powder | 99 ea **ZHOU**



Reg. 26.99 ea Save 5.00 ea Creatine Powder 2 | 99 ea



Reg. 24.99 ea Save 6.00 ea Muscle BCAAs 1899 ea

SUPPLEMENTS



Reg 26.99 ea Save 7.00 ea 999 ea Calming Magnesium Powders 9 - 9.5oz

SUPPLEMENTS



inclusive trade











Reg 48.99 ea

Save 10.00 ea

38^{99 ea}

Men's, Women's, and Ultra Daily Probiotics 30 ct VITAL PLANET

Refridgerated or shelf stable!

SUPPLEMENTS



Reg 38.99 ea Save 10.00 ea 899 ea Vital Cleanse Kit 14 Day VITAL PLANET

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