

# bfc deals

Save January 31<sup>st</sup> - February 13<sup>th</sup>

## GROCERY



**2.79 ea**  
Reg 3.99 ea

Seasoned Rice Vinegar 12 fl oz  
MARUKAN (organic Marukan Rice Vinegars not on sale)

## PRODUCE



**1.99 lb**  
Reg 2.99 lb

Organic Limes  
Mexico

## PRODUCE



**3.99 ea**  
Reg 4.99 ea

Organic Romaine Hearts 3-pack  
USA Prepacks

## GROCERY



**3.99 ea**  
Reg 5.99 ea

Organic Agave Nectars  
MADHAVA FOODS 11.75 fl oz

## MEAT



**4.99 lb**  
Reg 5.99 lb

Prepacked/Random Weights  
Fresh Bone-in Turkey Thighs  
MISTY KNOLL FARM New Haven, VT

## MEAT



**4.99 lb**  
Reg 5.99 lb

Prepacked/Random Weights  
Fresh Boneless Pork Loin  
DUBRETON Canada

## BULK COFFEE



**13.49 lb**  
Reg 14.49 lb

Peru Dark Roast Coffee Beans  
MOCHA JOE'S ROASTERS Brattleboro, VT

## CHEESE



**7.49 ea**  
Reg 9.49 ea

Raclette slices 7oz  
EMMI Switzerland

## GROCERY



**2 for \$6**  
Reg 3.99 ea

Flavored Popcorn 5.4 - 6 oz  
LITTLE LADS Brattleboro, VT



## BULK COFFEE



**14<sup>99</sup> lb**

Reg 15.99 lb

French Roast Coffee Beans

ESSELON COFFEE ROASTING Hadley, MA

## DAIRY



**6<sup>49</sup> ea**

Reg 7.49 ea

Ranch Dressing & Dip 12 oz

TOBY'S

## DAIRY



**6<sup>49</sup> ea**

Reg 7.49 ea

Blue Cheese Dressing & Dip

TOBY'S

12 oz

## BULK COFFEE



**17<sup>99</sup> lb**

Reg 18.99 lb

Black Bear Coffee Beans

FOGBUSTERS COFFEE CO Greenfield, MA

## GROCERY



Original.

Hot & Spicy.

Yuzu.

Gluten Free.

**7<sup>49</sup> ea**

Reg 9.99 ea

Japanese BBQ Sauces 16 - 17 fl oz

BACHAN'S

## Producer of the Month



February 2023

**LITTLE LAD'S TASTINGS!**

Friday, February 2, and Friday, February 16

11:30 am-2:30 pm, both dates.

## BULK COFFEE



**17<sup>99</sup> lb**

Reg 18.99 lb

Coffee Beans

DUCHESS COFFEE COMPANY Brattleboro, VT

## GROCERY



Garlic Puree.  
Chopped Ginger.  
Chopped Garlic.

**3<sup>79</sup> ea**

Reg 5.29 ea

Garlic and Ginger 4.5 oz

EMPEROR'S KITCHEN

## GROCERY



Marinara.  
Tomato Basil.  
Arrabbiata.

**7<sup>49</sup> ea**

Reg 9.99 ea

Pasta Sauce 24 oz

CARBONE

## BULK COFFEE



**18<sup>49</sup> lb**

Reg 19.49 lb

Coffee Beans

DEAN'S BEANS Orange, MA

## CHEESE



**11<sup>49</sup> ea**

Reg 13.49 ea

Original Fondü Kit 14oz

EMMI Switzerland

## CHEESE



Prepacked/Random Weights

**18<sup>99</sup> lb**

Reg 28.99 lb

Mt. Alice

VON TRAPP Stowe, VT

Cave to Co-op for the month of February.



BRATTLEBORO FOOD CO-OP BFC.coop



## BULK GRANOLA



**11.99 lb**  
Reg 12.99 lb

Maple Vanilla Granola  
TRUE NORTH GRANOLA Brattleboro, VT

## SEAFOOD



Prepacked/Random Weights

**9.99 lb**  
Reg 10.99 lb

Swordfish Chops  
FROZEN

## MEAT



Prepacked/Random Weights

**15.99 lb**  
Reg 17.99 lb

NY Strip Steak  
NORTHEAST FAMILY FARMS New England

## BULK GRANOLA



**12.99 lb**  
Reg 13.99 lb

Paleo Maple Pecan Granola  
BACKROADS GRANOLA Brattleboro, VT

## GROCERY



**3.79 ea**  
Reg 5.69 ea

Chickapea  
Chickapea Pasta 8 oz  
CHICKAPEA

## FROZEN



12-13.7 OZ

**9.49 ea**  
Reg 10.99 ea

Vermont-Grown Pasta

TRENCHERS FARMHOUSE Lyndonville VT

## CHEESE



**6.99 ea**  
Reg 7.99 ea

Truffle Cheddar 8oz  
GRAFTON VILLAGE CHEESE Grafton, VT

## CHEESE



**5.99 ea**  
Reg 6.99 ea

Maple Smoked Cheddar 8oz  
GRAFTON VILLAGE CHEESE Grafton, VT

## CHEESE



**6.49 ea**  
Reg 7.49 ea

Smoked Chili Cheddar 8oz  
GRAFTON VILLAGE CHEESE Grafton, VT

While supplies last • Prices subject to change • Prices valid during dates of sale only





# Wellness Specials

love  
this  
sale!

## Jan. 31<sup>st</sup> - Feb. 27<sup>th</sup>

### BODY CARE

new

INNESSCENTS<sup>®</sup>  
NATURE • SPIRIT • LOVE

Lucious scents are made from  
Essential Oils!

inclusive trade

PLANT  
BASED

NATURAL PERFUME OILS

**ALL 16<sup>99</sup>-ea**  
Reg 21.99 ea  
Natural Roll-On Perfume .3 fl oz  
INNESSCENTS

### BODY CARE

new

INNESSCENTS<sup>®</sup>  
NATURE • SPIRIT • LOVE

inclusive trade

PLANT  
BASED

Cleansers.  
Mists.  
Serums.  
Masks.  
Intensive Balms.

**ALL 25%-off**  
Rose or Immortelle Facial Care  
INNESSCENTS .5 fl oz- 4oz

### SUPPLEMENTS

new

ASHWAGANDHA CAPSULES

**12<sup>99</sup>-ea**  
Reg 14.99 ea  
Ashwagandha Capsules 90ct  
BFC BRAND

### SUPPLEMENTS

new

PLANT  
BASED

**\$200-Off**

**ALL**  
Tinctures & Glycerites 2 fl oz  
BFC BRAND

### SUPPLEMENTS

new

natural  
Factors

Triple Tested  
for Purity.

**ALL RxOmega-3  
on sale!**

**24<sup>99</sup>-ea**  
Reg 32.99 ea  
RxOmega-3 1260mg Fish Oil  
NATURAL FACTORS 120 Softgels

### SUPPLEMENTS

new

4-Pack  
also on Sale!  
22<sup>99</sup> ea

ELDERBERRY

**5<sup>99</sup>-ea**  
Reg 6.99 ea  
Elderberry Drink 10 fl oz  
HONEY GARDENS

### SUPPLEMENTS

new

PLANT  
BASED

**13<sup>99</sup>-ea**  
Reg 16.99 ea  
Kava Capsules 90ct  
BFC BRAND

### SUPPLEMENTS

new

PLANT  
BASED

**\$100-Off**

**ALL**  
Tinctures & Glycerites 1 fl oz  
BFC BRAND

### SUPPLEMENTS

new

natural  
Factors

**32<sup>99</sup>-ea**  
Reg 38.99 ea  
Unflavored Marine Collagen  
NATURAL FACTORS 4.8 oz

### HOUSEWARES

new

CEDAR

**7<sup>99</sup>-ea**  
Reg 10.99 ea  
Campfire Incense Sticks 20 ct  
JUNIPER RIDGE

### BODY CARE

new

HIBAR

Moisturize,  
Volumize,  
Maintain,  
or Soothe.

**9<sup>99</sup>-ea**  
Reg 11.99 ea  
Shampoo & Conditioner Bars  
HIBAR 2.9-3.2oz

### BODY CARE

new

PLANT  
BASED

**\$100-Off**

**ALL**  
Essential Oils 1 fl oz  
BFC BRAND

### SUPPLEMENTS

new

natural  
Factors

North American  
Bovine Source!

Unflavored.  
Orange.  
Pomegranate.

**39<sup>99</sup>-ea**  
Reg 48.99 ea  
Total Body Collagen 1.1 lb  
NATURAL FACTORS

### SUPPLEMENTS

new

Made in  
Vermont

inclusive trade

**11<sup>99</sup>-ea**  
Reg 14.99 ea  
Lion's Mane Tincture 1 fl oz  
SLIPSTREAM FARM Newfane, VT

### SUPPLEMENTS

new

Solaray

NON  
GMO  
Project  
VERIFIED

**16<sup>99</sup>-ea**  
Reg 22.99 ea  
Berberine 500mg 60Vcaps  
SOLARAY

### SUPPLEMENTS

new

PEACEFUL HARVEST  
MUSHROOMS

Made in  
Vermont

USDA  
ORGANIC

inclusive trade

**35<sup>99</sup>-ea**  
Reg 42.99 ea  
Cordyceps Powder 3.5 oz  
PEACEFUL HARVEST MUSHROOMS Worcester, VT

While supplies last • Prices subject to change • Prices valid during dates of sale only • No rain checks



BRATTLEBORO FOOD CO-OP

802-257-0236 • Mon-Sat 8-8; Sun 9-8 • BFC.coop

EVERYONE  
WELCOME  
@ the Co-op!